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The Service of Matins

for Sunday, August 1, 2021

**Octoechos - Mode pl. 1.
on Sunday Morning**

Eothinon 6

**Menaion - August 1
The Procession of the Holy Cross.**

Katavasias of the Cross

Text in English

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Books - Sources

Octoechos - Mode pl. 1.

On Sunday Morning

Menaion - August 1

The Procession of the Holy Cross.

MATINS

[Note: Wherever the Procession and Veneration of the Holy Cross will take place (see notes in the Typikon and the Menaion on 1 Aug), according to the order followed on the Third Sunday of Lent (at the end of the Great Doxology of Matins), after the ceremony sing, "Save, O Lord, Your people...". At the Divine Liturgy, use the Antiphons of the Third Sunday of Lent; and instead of "Holy God..." sing, "We venerate Your Cross..."]

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His holy name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 1. Automelon.

Let us worship the Word who is unoriginate * with the Father and the Spirit, and from a Virgin was born * for our salvation, O believers, and let us sing His praise. * For in His goodness He was pleased * to ascend

the Cross in the flesh, and to undergo death, * and to raise up those who had died, * by His glorious Resurrection. [SD]

Glory. **Repeat.**

Let us worship the Word who is unoriginate * with the Father and the Spirit, and from a Virgin was born * for our salvation, O believers, and let us sing His praise. * For in His goodness He was pleased * to ascend the Cross in the flesh, and to undergo death, * and to raise up those who had died, * by His glorious Resurrection. [SD]

Both now. **For the Cross.**

From Menaion - - -

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory,

of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Octoechos - - -

Mode pl. 1. *Let us worship the Word.*

Let us honor the Cross of the Lord with solemn praise, * and His holy entombment extol with sacred hymns, * and His Rising from the dead supremely glorify; * for He despoiled the realm of death and the devil's might, for He is God; * then He resurrected * the dead from the graves together, * and made the light to dawn on those in hell. [SD]

Glory.

Whereas You, O Lord, were labeled dead, yet in fact You put death to death. And You, the very emptier of graves, were yourself interred. Soldiers overhead were guarding the sepulcher, even as You below resurrected the dead of all ages. Lord almighty and incomprehensible, glory to You. [SD]

Both now. **For the Cross.**

From Menaion - - -

Mode 1. *The soldiers keeping watch.*

All mortal nature, come, celebrate all together * and mystically exult; for today is presented * the wood of the precious Cross, as a free source of cures and health, * unto those who run to it with reverence and longing * and give glory to the Master crucified on it, * to Christ who loves humanity. [SD]

From Octoechos - - -

Kathisma II.

Mode pl. 1.

After You had risen on the third day, O Lord, and after the Apostles had worshiped You, Peter cried out to You, "Women stood courageously, but I acted cowardly. The Robber stated Your divinity, but I disavowed You. Will You ever call me Your disciple anymore, or will You again appoint me as a fisher of the deep? I pray You to receive me in repentance, O God, and save me." [SD]

Glory.

The violators of the Law had You crucified amid the convicts. Furthermore, they pierced Your side with a lance, O Lord of mercy. You accepted burial, You destroyed the gates of Hades, and on the third day You resurrected. The Women ran to see You, and they announced the resurrection to the Apostles. Supremely exalted Savior, whom the Angels extol, O blessed Lord, glory to You. [SD]

Both now. **For the Cross.**

From Menaion - - -

Mode 4. *You appeared today.*

The procession of the Cross, which is today celebrated, * is the cause of heartfelt joy, * because it sanctifies the souls * and bodies likewise of those of us * who venerate it with fear and with faith and love. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all

marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. ^[SD]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher." ^[SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." ^[SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher." ^[SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the

Seraphim: Holy, Holy, Holy are You, O Lord.

^[SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. ^[SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Hypakoe. Mode pl. 1.

Mentally amazed by the angelic apparition, inwardly illumined by the divine resurrection, the ointment-bearing women brought good

tidings to the Apostles. "Proclaim the resurrection of the Lord among the Gentiles, as He works with you by means of miracles, granting us His great mercy." [SD]

CHOIR

Anavathmoi.

Antiphon I. Mode pl. 1.

When I am afflicted, I sing to You, like David, O my Savior. Deliver my soul from a crafty tongue. [SD]

Blessed is the life of those who dwell in the desert, winged as they are by divine eros. [SD]

Glory. Both now.

By the Holy Spirit are all things maintained, both seen and unseen; for, being autocratic, He is one of the Trinity, truly. [SD]

Antiphon II.

O my soul, let us rise into the mountains; come, let us go there whence help comes. [SD]

Let Your soaring right hand protect me, O Christ, from treachery on every side. [SD]

Glory. Both now.

To the Holy Spirit we say, theologizing, "You are God, life, eros, light, nous; You are goodness; You reign to the ages." [SD]

Antiphon III.

Because they said to me, "Let us go to the courts of the Lord," I am filled with great joy, and I send up my petitions. [SD]

On the house of David are the fearsome things to be fully accomplished; for therein will be fire, burning every shameful thought. [SD]

Glory. Both now.

In the Holy Spirit, as in the Father and the Logos, is the principle of life; from Him is every living being endowed with a soul. [SD]

Prokeimenon.

Arise, O Lord my God, for You reign unto the ages. (2)

Verse: *I will give thanks to You, O Lord, with my whole heart.*

Arise, O Lord my God, for You reign unto the ages. [SAAS]

From Menaion - - -

READER

Kontakion.

Mode 4. Automelon.

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible. [SD]

From Octoechos - - -

Resurrectional Kontakion.

You descended to Hades, my Savior, and shattered its gates, as the Almighty. As Creator, You raised the dead with yourself, and smashed the sting of death, O Christ. You freed Adam from the curse, O Lover of humanity. Therefore we all cry out to You, Save us, O Lord. [SD]

Oikos.

The women heard the Angel's words, and put off their lament, becoming joyful. With

trembling they looked upon the Resurrection. And behold, Christ came to them, saying, "Rejoice; take courage. I have overcome the world and have freed the prisoners. Go quickly to the Disciples and inform them, that I go before you to preach in the city of Galilee." Therefore we all cry out to You, Save us, O Lord. [GKD]

It is appropriate for the congregation to stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On August 1 is the procession of the precious and life-giving Cross. We also commemorate the seven holy Martyrs, the Maccabees: Abim, Anthony, Guria, Eleazar, Eusebona, Achim, and Marcellus; and their mother Solomone; and Eleazar their teacher.

On this day we also commemorate the nine holy Martyrs who contested in Perga, Pamphylia: Leontius, Attus, Alexander, Cindeus, Mnesitheus, Kyriacus, Menaius, Catunus, And Euclous.

On this day Saint Papas the New died when he was put into a sack, enclosed in a basket, and thrown into the sea.

On this day the holy Martyr Eleazar died when his head was burned with fire.

On this day the holy Martyr Kerycus died by fire.

On this day the holy Martyr Theodore died by the sword.

On this day Saint Polyefktos died after he was buried in manure.

On this day we also commemorate the holy Martyrs Menes, Menaius, and the others in the Quarter of Viglentium, near the Bronze Tetrapylon.

On this day we also commemorate our father among the saints Timothy, Bishop of Proconnesus, the Wonderworker.

We also commemorate the devout Martyr Elesia, who contested on the island of Kythera.

By their holy intercessions, O God, have mercy on us. Amen.

CHOIR

Katavasias of the Cross

Ode i. Mode pl. 4.

Moses prefigured the Cross. * Lifting up the rod, he stretched out his hand and split the Sea for Israel to cross on land. * Then he stretched it out again, * and the sea returned and covered Pharaoh's chariots. * The Cross was thus portrayed as our invincible armor. * So let us sing to the Lord, * Christ our God, for He is greatly glorified. [SD]

Ode iii.

The rod of Aaron is seen as typifying the mystery; * for it budded, and thus was the priest selected. * Now in the Church, that was barren once, the Cross of Christ, like a tree, * has blossomed forth, * as power and a firm support. [SD]

Ode iv.

I have heard the report, O Lord, * of Your incarnation, which is a mystery. * I considered Your astounding works, * and I glorified Your divinity. [SD]

Ode v.

Tree of the Cross, you are thrice-blessed, * for Jesus Christ, who is King and Lord, was crucified on you. * Through you fallen is the one who by a tree deceived us, * for he was lured by God who in the flesh indeed * was hung and nailed to you, * and who grants to our souls His peace. [SD]

Ode vi.

In the belly of the sea beast * the prophet Jonah prayed with his arms extended crosswise; * thus he clearly prefigured the saving Passion of Christ. * When after three days he emerged, * he was depicting the supernal resurrection from the dead * of Christ God, who was physically nailed to the Cross * and by His third-day arising illumined the universe. [SD]

Ode vii.

The impious tyrant's preposterous decree disturbed the populace, * breathing threats and blasphemous pronouncements hateful to God. * His brutal anger did not intimidate * the three Servants, nor did the consuming fire. * But when the dew-laden breeze whistled against the fire, they joined it and together sang, * "Blessed are You, O Lord. You are highly praised, O God, the God of our fathers." [SD]

Ode viii.

We praise and we bless and we worship the Lord.

You three pious Servants, * same in number as the Trinity, * bless God the Father, Maker of all; * sing a hymn to the Word who condescended * and who changed the fire in the furnace into dew; * as for the all-holy Spirit, who gives life to all, exalt It * beyond measure unto the ages. [SD]

It is appropriate for the congregation to stand for the reading of Gospel.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For You are holy, our God, who rest among the Saints, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.

(*And with your spirit.*)

PRIEST

The reading is from the Holy Gospel according to Luke.

DEACON

Let us be attentive.

(*Glory to You, O Lord, glory to You.*)

PRIEST (from the altar table)

Eothion 6
Luke. 24:36-53

At that time, Jesus went up and stood among His disciples and said to them, "Peace be with you." But they were startled and frightened, and supposed that they saw a spirit. And He said to them, "Why are you troubled, and why do questionings rise in your hearts? See My hands and My feet, that it is I Myself; handle Me, and see; for a spirit has not flesh and bones as you see that I have." And when He had said this, He showed them His hands and His feet. And while they still disbelieved for joy, and wondered, He said to them, "Have you anything here to eat?" They gave Him a piece of broiled fish [and some honeycomb], and He took it and ate before them. Then He said to them, "These are My words which I spoke to you, while I was still with you, that everything written about Me in the law of Moses and the prophets and the psalms must be fulfilled." Then He opened their minds to understand the scriptures, and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from

the dead, and that repentance and forgiveness of sins should be preached in His name in all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I send the promise of My Father upon you; but stay in the city until you are clothed with power from on high." Then He led them out as far as Bethany, and lifting up His hands, He blessed them. While He blessed them, He parted from them, and was carried up into heaven. And they worshiped Him, and returned to Jerusalem with great joy, and were continually in the Temple blessing God. [RSV]

(*Glory to You, O Lord, glory to You.*)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

DEACON

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; **(local patron saint)**; the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of Your only-begotten Son, with whom You are blessed, together with Your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

It is appropriate for the congregation to stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode pl. 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.*

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name.*

And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]*

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]*

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJV]*

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode pl. 4.

Theotokos, you are mystical Paradise, * for without husbandry you have blossomed Christ, * by whom on earth the Cross, as a life-bearing tree, has been planted and watered. * As it is now exalted, * we adore Him and worship Him and magnify you. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

Eothinon 6.

Mode 2. On the mountain.

Demonstrating that You are man * essentially, O Savior, * after Your rising from the grave, * You came and stood among them, and ate the food; and You taught them * that they should preach repentance. * You, being forthwith taken up * to the heavenly Father, promised to send * the Paraclete Spirit to Your disciples. * O God, beyond divine, and man, * glory to Your arising. [SD]

For the Cross.

Mode 2. With the disciples.

O Cross, you are the guardian of the whole world. * O Cross, you are the height of the Church's beauty. * O Cross, you are what strengthened the Emperors. * O Cross, the believers' firm support. * O Cross, the glory of Angels * and the defeat of the demons. [SD]

Lauds. Mode pl. 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reprovng among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Mode pl. 1.

To fulfill among them the written judgment: this glory have all His holy ones.

[SAAS]

Lord, although the tomb had been sealed by the transgressors of the law, You came forth from the sepulcher, just as You were born from the Theotokos. Your bodiless Angels did not know how You became incarnate; nor did the soldiers who guarded You perceive when You resurrected. For both have been sealed to those who would inquire, but the miracles have been revealed to those who faithfully worship the mystery. As we extol it, restore to us exultant joy and Your great mercy. [SD]

Mode pl. 1.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, after You smashed the eternal bars and broke the bonds, You rose from the tomb and left the grave clothes behind as evidence that truly You had been buried for three days. And You proceeded to Galilee, You who were in custody in a rock-hewn tomb. Great is Your mercy, incomprehensible Savior! Have mercy on us. [SD]

Mode pl. 1.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, the women ran to the sepulcher to see You, the Christ, who had suffered for us. When they came, they found an Angel

sitting on the stone that from fear had rolled away. The Angel called out to them, saying, "The Lord has risen. Tell the Disciples that resurrected from the dead is He who saves our souls." [SD]

Mode pl. 1.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Lord, even as You came out of the sepulcher, though it was sealed shut, likewise You entered where Your Disciples were, the doors being also shut. You showed them the injuries sustained by Your body, which with long-suffering You accepted, Savior. As the progeny of David, You endured the wounds; as the Son of God, You freed the world. Great is Your mercy, incomprehensible Savior! Have mercy on us. [SD]

For the Cross.

From Menaion - - -

Mode 4. To a brave one.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Let us shout with exultant joy, and in odes let us magnify * the all-precious Cross and salute it with a kiss. * And let us cry out to it and say, * "O Cross ever-ven'erable, by the power you possess, * sanctify us in every way, soul and body too. * From all manner of injury arising from our enemies preserve us * who venerate you in piety." [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Let us shout with exultant joy, and in odes let us magnify * the all-precious Cross and salute it with a kiss. * And let us cry out to it and say, * "O Cross ever-ven'erable, by the power you possess, * sanctify us in every way, soul and body too. * From all manner of injury arising from our enemies preserve us * who venerate you in piety." [SD]

Verse: *Exalt the Lord our God, and worship at the footstool of His feet; for He is holy.* [SAAS]

Come, believers, and faithfully * draw the waters that never fail, * issuing abundantly by the Cross's grace, * as we behold set before us now * the wood of the holy tree, * yes, the wellspring of the gifts * of the Spirit, which is itself * watered by the blood * and the water that issued from the Master who was willingly exalted * thereon, exalting humanity. [SD]

Verse: *God is our King before the ages; He worked salvation in the midst of the earth.*

[SAAS]

The support of the Church are you, * and the strength of the emperors; * boast of the monastics and their deliverance * are you, all-ven'erable Cross of Christ. * And now as we venerate * you today, our hearts and souls * are illumined ineffably by the grace divine * of the Lord who was nailed to you and brought down * the dominion of the sly one, * and who abolished the ancient curse. [SD]

From Octoechos - - -

Glory. **Mode pl. 2.**

Eothinon 6.

O Christ, You the true peace of God with humanity, when You gave Your peace to the Disciples after the resurrection, You frightened them; for they thought that they were seeing a ghost. But You quieted the agitation of their souls by showing them Your hands and Your feet. And while they still did not believe it, You partook of the food and reminded them of the teachings, and thus You opened their minds to understand the Scriptures. Then, when You affirmed the promise of the Father, and You blessed them, You departed for heaven. We therefore join them in worshipping You. Glory to You, O Lord. [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!

[SD]

It is appropriate for the congregation to stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode pl. 4. *(or the Mode of the week)*

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. ^[SD]

Or, according to common practice:

Mode 4. *(or the Mode of the week)*

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. ^[SD]