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Presanctified Liturgy

on Wednesday Evening

for Thursday, March 21, 2019

**Triodion - On Wednesday of the Second Week
at Vespers**

**Menaion - March 21
Memory of our St. Iakovos the Bishop and Confessor**

Texts in Greek and English

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vol Orthodox Monastery of the Veil of our Lady

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Τριώδιον

Τῇ Τετάρτῃ Β΄ Ἑβδομάδος εἰς τὸν Ἑσπερινόν.

Μηναῖον - ΤΗΙ ΚΑ' ΜΑΡΤΙΟΥ

Μνήμη τοῦ Ὁσίου Ἰακώβου Ἐπισκόπου, τοῦ Ὁμολογητοῦ

ΠΡΟΗΓΙΑΣΜΕΝΗ

ΙΕΡΕΥΣ

Εὐλογημένη ἡ Βασιλεία τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰῶνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ Θεῷ ἡμῶν.

Ψαλμὸς ΡΓ' (103).

Εὐλόγει ἡ ψυχὴ μου, τὸν Κύριον. Κύριε ὁ Θεός μου ἐμεγαλύνθης σφόδρα. Ἐξομολόγησιν καὶ μεγαλοπρέπειαν ἐνεδύσω, ἀναβαλλόμενος φῶς ὡς ἱμάτιον. Ἐκτείνων τὸν οὐρανὸν ὡσεὶ δέρριν, ὁ στεγάζων ἐν ὕδασιν τὰ ὑπερῶα αὐτοῦ. Ὁ τιθεὶς νέφη τὴν ἐπίβασιν αὐτοῦ, ὁ περιπατῶν ἐπὶ πτερυγῶν ἀνέμων. Ὁ ποιῶν τοὺς Ἀγγέλους αὐτοῦ πνεύματα, καὶ τοὺς λειτουργοὺς αὐτοῦ πυρὸς φλόγα. Ὁ θεμελιῶν τὴν γῆν ἐπὶ τὴν ἀσφάλειαν αὐτῆς, οὐ κλιθήσεται εἰς τὸν αἰῶνα τοῦ αἰῶνος. Ἄβυσσος ὡς ἱμάτιον τὸ περιβόλαιον αὐτοῦ, ἐπὶ τῶν ὀρέων

Triodion

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PRESANCTIFIED

PRIEST

Blessed is the kingdom of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

READER

Amen.

Come, let us worship and bow down before God our King.

Come, let us worship and bow down before Christ God our King.

Come, let us worship and bow down before Him, Christ our King and God.

Psalm 103 (104).

Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly; You clothe Yourself with thanksgiving and majesty, who cover Yourself with light as with a garment, who stretch out the heavens like a curtain; You are He who covers His upper chambers with water, who makes the clouds His means of approach, who walks on the wings of the winds, who makes His angels spirits and His ministers a flame of fire. He established the earth on its stable foundation; it shall not be moved unto ages of ages. The deep like a garment is His covering; the waters shall stand upon the mountains;

στήσονται ὕδατα. Ἀπὸ ἐπιτιμῆσεώς σου φεύξονται, ἀπὸ φωνῆς βροντῆς σου δειλιάσουσιν. Ἀναβαίνουνσιν ὄρη, καὶ καταβαίνουνσιν πεδία εἰς τόπον, ὃν ἐθεμελίωσας αὐτά. Ὅριον ἔθου, ὃ οὐ παρελεύσονται, οὐδὲ ἐπιστρέψουσι καλύψαι τὴν γῆν. Ὁ ἐξαποστέλλων πηγὰς ἐν φάραγξιν, ἀναμέσον τῶν ὀρέων διελεύσονται ὕδατα· ποτιοῦσι πάντα τὰ θηρία τοῦ ἀγροῦ, προσδέξονται ὄναγροι εἰς δίψαν αὐτῶν. Ἐπ' αὐτὰ τὰ πετεινὰ τοῦ οὐρανοῦ κατασκηνώσει, ἐκ μέσου τῶν πετρῶν δώσουσι φωνήν. Ποτίζων ὄρη ἐκ τῶν ὑπερώων αὐτοῦ, ἀπὸ καρποῦ τῶν ἔργων σου χορτασθήσεται ἡ γῆ. Ὁ ἐξανατέλλων χόρτον τοῖς κτήνεσι, καὶ χλόην τῇ δουλείᾳ τῶν ἀνθρώπων. Τοῦ ἐξαγαγεῖν ἄρτον ἐκ τῆς γῆς, καὶ οἶνος εὐφραίνει καρδίαν ἀνθρώπου. Τοῦ ἰλαρύναι πρόσωπον ἐν ἐλαίῳ, καὶ ἄρτος καρδίαν ἀνθρώπου στηρίζει. Χορτασθήσεται τὰ ξύλα τοῦ πεδίου, αἱ κέδροι τοῦ Λιβάνου, ἃς ἐφύτευσας. Ἐκεῖ στρουθία ἐννοσσεύσουσι, τοῦ ἐρωδιοῦ ἡ κατοικία ἡγεῖται αὐτῶν. Ὅρη τὰ ὑψηλὰ ταῖς ἐλάφοις, πέτρα καταφυγὴ τοῖς λαγωαῖς. Ἐποίησε σελήνην εἰς καιροῦς, ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ, ἐν αὐτῇ διελεύσονται πάντα τὰ θηρία τοῦ δρυμοῦ. Σκύμνοι ὠρῶμενοι τοῦ ἀρπαῖσαι, καὶ ζητῆσαι παρὰ τῷ Θεῷ βρωσιν αὐτοῖς. Ἀνέτειλεν ὁ ἥλιος, καὶ συνήχθησαν, καὶ εἰς τὰς μάνδρας αὐτῶν κοιτασθήσονται. Ἐξελεύσεται ἄνθρωπος ἐπὶ τὸ ἔργον αὐτοῦ, καὶ ἐπὶ τὴν ἐργασίαν αὐτοῦ ἕως ἑσπέρας. Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε, πάντα ἐν σοφίᾳ ἐποίησας, ἐπληρώθη ἡ γῆ τῆς κτίσεώς σου. Αὕτη ἡ θάλασσα ἡ μεγάλη

at Your rebuke they shall flee; at the sound of Your thunder, they shall be afraid. The mountains rise up, and the plains sink down to the place You founded for them. You set a boundary they shall not pass over; neither shall they return to cover the earth. You are He who sends springs into the valley; the waters shall pass between the mountains; they shall give drink to all the wild animals of the field; the wild asses shall quench their thirst; the birds of heaven shall dwell beside them; they shall sing from the midst of the rocks. You are He who waters the mountains from His higher places; the earth shall be satisfied with the fruit of Your works. You are He who causes grass to grow for the cattle, and the green plant for the service of man, to bring forth bread from the earth; and wine gladdens the heart of man, to brighten his face with oil; and bread strengthens man's heart. The trees of the plain shall be full of fruit, the cedars of Lebanon, which You planted; there the sparrows shall make their nests; the house of the heron takes the lead among them. The high mountains are for the deer; the cliff is a refuge for the rabbits. He made the moon for seasons; the sun knows its setting. You established darkness, and it was night, wherein all the wild animals of the forest will prowl about; the young lions roar and snatch their prey, and seek their food from God. The sun arises, and they are gathered together; and they shall be put to bed in their dens. Man shall go out to his work and to his labor until evening. O Lord, Your works shall be magnified greatly; You made all things in wisdom; the earth was filled with Your creation. There is this great and spacious sea:

καὶ εὐρύχωρος, ἐκεῖ ἐρπετὰ ὧν οὐκ ἔστιν ἀριθμός, ζῶα μικρὰ μετὰ μεγάλων. Ἐκεῖ πλοῖα διαπορεύονται, δράκων οὗτος, ὃν ἔπλασας ἐμπαίζειν αὐτή. Πάντα πρὸς σέ προσδοκῶσι, δοῦναι τὴν τροφήν αὐτῶν εἰς εὐκαιρον, δόντος σου αὐτοῖς συλλέξουσιν. Ἀνοίξαντός σου τὴν χεῖρα, τὰ σύμπαντα πλησθήσονται χρηστότητος, ἀποστρέψαντος δέ σου τὸ πρόσωπον, ταραχθήσονται. Ἀντανελεῖς τὸ πνεῦμα αὐτῶν, καὶ ἐκλείψουσι, καὶ εἰς τὸν χοῦν αὐτῶν ἐπιστρέψουσιν. Ἐξαποστελεῖς τὸ πνεῦμα σου, καὶ κτισθήσονται, καὶ ἀνακαινίεις τὸ πρόσωπον τῆς γῆς. Ἦτω ἡ δόξα Κυρίου εἰς τοὺς αἰῶνας, εὐφρανθήσεται Κύριος ἐπὶ τοῖς ἔργοις αὐτοῦ. Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν, καὶ ποιῶν αὐτὴν τρέμειν, ὁ ἀπτόμενος τῶν ὀρέων, καὶ καπνίζονται. Αἰσῶ τῷ Κυρίῳ ἐν τῇ ζωῇ μου, ψαλῶ τῷ Θεῷ μου ἕως ὑπάρχω. Ἦδυνθείη αὐτῷ ἡ διαλογία μου, ἐγὼ δὲ εὐφρανθήσομαι ἐπὶ τῷ Κυρίῳ. Ἐκλείπειεν ἁμαρτωλοὶ ἀπὸ τῆς γῆς, καὶ ἄνομοι, ὥστε μὴ ὑπάρχειν αὐτούς. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ὁ ἥλιος ἔγνω τὴν δύσιν αὐτοῦ. Ἔθου σκότος, καὶ ἐγένετο νύξ.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

the creeping things are there without number; the living things are there, both small and great; there the ships pass through; there is this dragon You formed to play therein. All things wait upon You, that You may give them food in due season. When You give it to them, they shall gather it; when You open Your hand, all things shall be filled with Your goodness. But when You turn Your face away, they shall be troubled; when You take away their breath, they shall die and return again to their dust. You shall send forth Your Spirit, and they shall be created, and You shall renew the face of the earth. Let the glory of the Lord be forever; the Lord shall be glad in His works; He looks upon the earth and makes it tremble; He touches the mountains, and they smoke. I will sing to the Lord all my life; I will sing to my God as long as I exist; may my words be pleasing to Him, and I shall be glad in the Lord. May sinners cease from the earth, and the lawless, so as to be no more. Bless the Lord, O my soul.

The sun knows its setting. You established darkness, and it was night.

O Lord, Your works shall be magnified greatly; You made all things in wisdom. [SAASI]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Our hope, O Lord, glory to You.

ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἀγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ ἀγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land, and for the faithful who live in them, let us pray to the Lord.

(Lord, have mercy.)

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

Ἐπεὶ πλεόντων, ὁδοιπορούντων,
νοσούντων, καμνόντων, αἰχμαλώτων καὶ
τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθῶμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Α' ΑΝΤΙΦΩΝΟΥ

Κύριε, οἰκτίρμον καὶ ἐλεῆμον, μακρόθυμε
καὶ πολυέλεε, ἐνώτισαι τὴν προσευχὴν ἡμῶν, καὶ
πρόσχευε τῇ φωνῇ τῆς δεήσεως ἡμῶν. Ποίησον μεθ'
ἡμῶν σημεῖον εἰς ἀγαθόν· ὁδήγησον ἡμᾶς ἐν τῇ ὁδῷ
σου, τοῦ πορεύεσθαι ἐν τῇ ἀληθείᾳ σου· εὐφρανόν
τὰς καρδίας ἡμῶν, εἰς τὸ φοβεῖσθαι τὸ ὄνομά σου τὸ
ἅγιον, διότι μέγας εἶ σύ, καὶ ποιῶν θαυμάσια. Σὺ εἶ
Θεὸς μόνος, καὶ οὐκ ἔστιν ὅμοιός σοι ἐν θεοῖς, Κύριε·
δυνατὸς ἐν ἐλέει, καὶ ἀγαθὸς ἐν ἰσχύϊ, εἰς τὸ βοηθεῖν,
καὶ παρακαλεῖν, καὶ σώζειν πάντας τοὺς ἐλπίζοντας
εἰς τὸ ὄνομά σου τὸ ἅγιον.

ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ
προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

For those who travel by land, sea, and air,
for the sick, the suffering, the captives and for
their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

PRAYER OF THE FIRST ANTIPHON

Compassionate and merciful, longsuffering and
very merciful Lord, hear our prayer and attend to the
voice of our supplication. Give us a favorable sign.
Guide us in Your path that we may walk in Your truth.
Gladden our hearts that we may fear Your holy name,
for You are great and work wonders. Only You are
God, O Lord, and there is none like You among the
gods. You are great in mercy and gracious in strength
and in aiding, exhorting, and saving all those who
place their hope in Your holy name.

PRIEST

For to You belong all glory, honor, and
worship, to the Father and the Son and the
Holy Spirit, now and forever and to the ages
of ages. (Amen.)

ΑΝΑΓΝΩΣΤΗΣ

ΠΡΩΤΗ ΣΤΑΣΙΣ

Ψαλμός ΡΙΘ' (119).

Πρὸς Κύριον ἐν τῷ θλίβεσθαί με ἐκέκραξα, καὶ εἰσήκουσέ μου. Κύριε, ῥῦσαι τὴν ψυχὴν μου ἀπὸ χειλέων ἀδίκων καὶ ἀπὸ γλώσσης δολίας. Τί δοθείη σοι καὶ τί προστεθείη σοι πρὸς γλώσσαν δολίαν; τὰ βέλη τοῦ δυνατοῦ ἠκονημένα, σὺν τοῖς ἄνθραξι τοῖς ἐρημικοῖς. Οἴμοι! Ὅτι ἡ παροιμία μου ἐμακρύνθη, κατεσκηνώσα μετὰ τῶν σκηνωμάτων κηδάρ. Πολλὰ παρώκησεν ἡ ψυχὴ μου. Μετὰ τῶν μισούντων τὴν εἰρήνην ἤμην εἰρηνικός· ὅταν ἐλάλουν αὐτοῖς, ἐπολέμουν με δωρεάν.

Ψαλμός ΡΚ' (120).

Ἦρα τοὺς ὀφθαλμούς μου εἰς τὰ ὄρη, ὅθεν ἦξει ἡ βοήθειά μου. Ἡ βοήθειά μου παρὰ Κυρίου τοῦ ποιήσαντος τὸν οὐρανὸν καὶ τὴν γῆν. Μὴ δῶης εἰς σάλον τὸν πόδα σου, μηδὲ νυστάξῃ ὁ φυλάσσων σε. Ἴδου οὐ νυστάξει οὐδὲ ὑπνώσει ὁ φυλάσσων τὸν Ἰσραήλ. Κύριος φυλάξει σε, Κύριος σκέπη σοι ἐπὶ χειρὰ δεξιάν σου· ἡμέρας ὁ ἥλιος οὐ συγκαύσει σε, οὐδὲ ἡ σελήνη τὴν νύκτα. Κύριος φυλάξει σε ἀπὸ παντὸς κακοῦ, φυλάξει τὴν ψυχὴν σου ὁ Κύριος. Κύριος φυλάξει τὴν εἴσοδόν σου καὶ τὴν ἔξοδόν σου ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος.

Ψαλμός ΡΚΑ' (121).

Εὐφράνθην ἐπὶ τοῖς εἰρηκόσι μοι· εἰς οἶκον Κυρίου πορευσόμεθα. Ἐστῶτες ἦσαν οἱ πόδες ἡμῶν ἐν ταῖς αὐλαῖς σου, Ἱερουσαλήμ. Ἱερουσαλήμ οἰκοδομουμένη ὡς πόλις, ἧς ἡ μετοχὴ αὐτῆς ἐπὶ τὸ αὐτό. Ἐκεῖ γὰρ ἀνέβησαν αἱ φυλαί,

READER

First Stanza

Psalms 119 (120).

To the Lord in my affliction I cried out, and He heard me. O Lord, deliver my soul from unjust lips and from a deceitful tongue. What should be given You, and what added to You, against a deceitful tongue? The arrows of the Mighty One are sharpened with hot coals from the desert. Woe is me! My sojourning was prolonged; I dwelt with the tents of Kedar. My soul sojourned a long time as a resident alien. With those who hate peace, I was peaceful; when I spoke to them, they made war against me without cause. [SAAS]

Psalms 120 (121).

I lifted my eyes to the mountains; from where shall my help come? My help comes from the Lord, who made heaven and earth. Let not your foot be moved; neither let Him who keeps you slumber. Behold, He who keeps Israel shall neither slumber nor sleep. The Lord shall keep you; the Lord is your shelter at your right hand. The sun shall not burn you by day nor the moon by night. The Lord shall keep you from all evil; the Lord shall keep your soul. The Lord shall keep your coming in and your going out from this present time and unto the ages. [SAAS]

Psalms 121 (122).

I was glad when they said to me, "Let us go into the house of the Lord." Our feet stand in your courts, O Jerusalem. Jerusalem is built as a city whose compactness is complete. There the tribes went up, the tribes of the Lord, a testimony to Israel, to give thanks to

φυλαί Κυρίου, μαρτύριον τῷ Ἰσραήλ, τοῦ ἐξομολογήσασθαι τῷ ὀνόματι Κυρίου· ὅτι ἐκεῖ ἐκάθισαν θρόνοι εἰς κρίσιν, θρόνοι ἐπὶ οἶκον δαυΐδ. Ἐρωτήσατε δὴ τὰ εἰς εἰρήνην τὴν Ἱερουσαλήμ, καὶ εὐθηνία τοῖς ἀγαπῶσί σε· γενέσθω δὴ εἰρήνη ἐν τῇ δυνάμει σου καὶ εὐθηνία ἐν ταῖς πυργοβάρεσί σου. Ἔνεκα τῶν ἀδελφῶν μου καὶ τῶν πλησίων μου, ἐλάλουν δὴ εἰρήνην περὶ σοῦ· ἔνεκα τοῦ οἴκου Κυρίου τοῦ Θεοῦ ἡμῶν, ἐξεζήτησα ἀγαθά σοι.

Ψαλμὸς PKB' (122).

Πρὸς σέ ἦρα τοὺς ὀφθαλμούς μου τὸν κατοικοῦντα ἐν τῷ οὐρανῷ. Ἴδου ὡς ὀφθαλμοὶ δούλων εἰς χεῖρας τῶν Κυρίων αὐτῶν, ὡς ὀφθαλμοὶ παιδίσκης εἰς χεῖρας τῆς Κυρίας αὐτῆς, οὕτως οἱ ὀφθαλμοὶ ἡμῶν πρὸς Κύριον τὸν θεὸν ἡμῶν, ἕως οὗ οἰκτειρῆσαι ἡμᾶς. Ἐλέησον ἡμᾶς, Κύριε, ἐλέησον ἡμᾶς, ὅτι ἐπὶ πολὺ ἐπλήσθημεν ἐξουδενώσεως, ἐπὶ πλεῖον ἐπλήσθη ἡ ψυχὴ ἡμῶν. Τὸ ὄνειδος τοῖς εὐθηνούσι, καὶ ἡ ἐξουδένωσις τοῖς ὑπερηφάνοις.

Ψαλμὸς PKΓ' (123).

Εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν, εἰπάτω δὴ Ἰσραήλ· εἰ μὴ ὅτι Κύριος ἦν ἐν ἡμῖν ἐν τῷ ἐπαναστῆναι ἀνθρώπους ἐφ' ἡμᾶς, ἄρα ζῶντας ἂν κατέπιον ἡμᾶς ἐν τῷ ὀργισθῆναι τὸν θυμὸν αὐτῶν ἐφ' ἡμᾶς· ἄρα τὸ ὕδωρ ἂν κατεπόντισεν ἡμᾶς, χεῖμαρρον διῆλθεν ἡ ψυχὴ ἡμῶν· ἄρα διῆλθεν ἡ ψυχὴ ἡμῶν τὸ ὕδωρ τὸ ἀνυπόστατον. Εὐλογητὸς Κύριος, ὃς οὐκ ἔδωκεν ἡμᾶς εἰς θήραν τοῖς ὀδοῦσιν αὐτῶν. Ἡ ψυχὴ ἡμῶν ὡς στρουθίου ἐρρῦσθη ἐκ τῆς παγίδος τῶν θηρευόντων· ἡ παγὶς συνετρίβη, καὶ ἡμεῖς ἐρρῦσθημεν.

the name of the Lord. For thrones sat there for judgment, thrones over the house of David. Ask now for things regarding the peace of Jerusalem, and there is prosperity for those who love you; let there now be peace in your power and prosperity in your citadels. For the sake of my brothers and my neighbors, I indeed spoke peace concerning you; for the sake of the house of the Lord our God, I sought good things for you. [SAAS]

Psalm 122 (123).

I lift my eyes to You, who dwell in heaven. Behold, as the eyes of servants look to the hands of their masters, as the eyes of the maidservant look to the hands of her mistress, so our eyes look to the Lord our God until He shall have compassion on us. Have mercy on us, O Lord, have mercy on us, for we are greatly filled with contempt; our soul is greatly filled with it. We are a disgrace to those who prosper, and a contempt to the arrogant. [SAAS]

Psalm 123 (124).

"If the Lord had not been with us," let Israel now say, "If the Lord had not been with us, when men rose up against us, then they would have swallowed us alive, when their anger raged against us, then the water would have drowned us; our soul would have passed through a torrent, then our soul would have passed through a water that is overwhelming." Blessed is the Lord, who did not give us as prey to their teeth. Our soul was delivered like a sparrow from the snare of the hunters; the snare was broken, and we

Ἡ βοήθεια ἡμῶν ἐν ὀνόματι Κυρίου τοῦ ποιήσαντος τὸν οὐρανὸν καὶ τὴν γῆν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουΐα. Ἀλληλουΐα. Ἀλληλουΐα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Β' ΑΝΤΙΦΩΝΟΥ

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης ἡμᾶς, μηδὲ τῆ ὀργῇ σου παιδεύσης ἡμᾶς, ἀλλὰ ποιήσον μεθ' ἡμῶν κατὰ τὴν ἐπιείκειάν σου, ἰατρὲ καὶ θεραπευτὰ τῶν ψυχῶν ἡμῶν, ὀδηγήσον ἡμᾶς ἐπὶ λιμένα θελήματός σου, φώτισον τοὺς ὀφθαλμοὺς τῶν καρδιῶν ἡμῶν, εἰς ἐπίγνωσιν τῆς σῆς ἀληθείας, καὶ δώρησαι ἡμῖν τὸ λοιπὸν τῆς παρούσης ἡμέρας εἰρηνικὸν καὶ ἀναμάρτητον, καὶ πάντα τὸν χρόνον τῆς ζωῆς ἡμῶν,

were delivered. Our help is in the name of the Lord, who made heaven and earth. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

PRAYER OF THE SECOND ANTIPHON

O Lord, do not rebuke us in Your anger, nor chastise us in Your wrath, but deal with us according to Your forbearance, physician and healer of our souls. Lead us to Your haven. Open the eyes of our hearts with the knowledge of Your truth, and grant that the remainder of this day and the remainder of our lives may be peaceful and sinless, by the intercessions of the holy Theotokos and of all the saints.

προσβείαις τῆς ἀγίας Θεοτόκου, καὶ πάντων τῶν Ἁγίων σου.

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

ΣΤΑΣΙΣ ΔΕΥΤΕΡΑ

Ψαλμὸς ΡΚΔ' (124).

Οἱ πεποιθότες ἐπὶ Κύριον ὡς ὄρος Σιών· οὐ σαλευθήσεται εἰς τὸν αἰῶνα ὁ κατοικῶν Ἱερουσαλήμ. Ὅρη κύκλω αὐτῆς, καὶ ὁ Κύριος κύκλω τοῦ λαοῦ αὐτοῦ ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. Ὅτι οὐκ ἀφήσει Κύριος τὴν ῥάβδον τῶν ἀμαρτωλῶν ἐπὶ τὸν κληρὸν τῶν δικαίων, ὅπως ἂν μὴ ἐκτείνωσιν οἱ δίκαιοι ἐν ἀνομίαις χειρᾶς αὐτῶν. Ἀγάθυνον, Κύριε, τοῖς ἀγαθοῖς καὶ τοῖς εὐθέσι τῆ καρδία· τοὺς δὲ ἐκκλίνοντας εἰς τὰς στραγγαλιὰς ἀπάξει Κύριος μετὰ τῶν ἐργαζομένων τὴν ἀνομίαν εἰρήνη ἐπὶ τὸν Ἰσραήλ.

Ψαλμὸς ΡΚΕ' (125).

Ἐν τῷ ἐπιστρέψαι Κύριον τὴν αἰχμαλωσίαν Σιών ἐγενήθημεν ὡσεὶ παρακεκλημένοι. Τότε ἐπλήσθη χαρᾶς τὸ στόμα ἡμῶν καὶ ἡ γλῶσσα ἡμῶν ἀγαλλιάσεως. Τότε ἐροῦσιν ἐν τοῖς ἔθνεσιν· ἐμεγάλυνε Κύριος τοῦ ποιῆσαι μετ' αὐτῶν. Ἐμεγάλυνε Κύριος τοῦ ποιῆσαι μεθ' ἡμῶν, ἐγενήθημεν εὐφραϊνόμενοι. Ἐπίστρεψον, Κύριε, τὴν αἰχμαλωσίαν ἡμῶν ὡς χειμάρρους ἐν τῷ νότῳ. Οἱ σπεύροντες ἐν δάκρυσιν ἐν ἀγαλλιάσει θεριοῦσι. Πορευόμενοι ἐπορεύοντο καὶ ἔκλαιον βάλλοντες τὰ σπέρματα αὐτῶν· ἐρχόμενοι

PRIEST

For yours is the dominion, and yours is the kingdom, the power, and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. (Amen.)

READER

Second Stanza

Psalm 124 (125).

Those who trust in the Lord are like Mount Zion; he who dwells in Jerusalem shall be unshaken forever. The mountains surround her, and the Lord surrounds His people from this present time and unto the ages. The Lord will not permit the rod of sinners to be upon the inheritance of the righteous, lest the righteous stretch out their hands in lawlessness. Do good, O Lord, to the good, and to the upright in heart; but those who turn aside to crooked ways, the Lord shall lead away with the workers of lawlessness. Peace be upon Israel. [SAAS]

Psalm 125 (126).

When the Lord returned the captives of Zion, we became like those who are comforted. Then our mouth was filled with joy, and our tongue with exceeding joy. Then they shall say among the Gentiles, "The Lord did great things with them." The Lord has done great things with us; we were glad. Return, O Lord, our captivity like streams in the south. Those who sow with tears shall reap with exceeding joy. They went forth and wept, carrying their seeds with them; but they shall return with exceeding joy, carrying their sheaves. [SAAS]

δὲ ἤξουσιν ἐν ἀγαλλιάσει αἶροντες τὰ δράγματα αὐτῶν.

Ψαλμὸς PKC' (126).

Ἐάν μὴ Κύριος οἰκοδομήσῃ οἶκον, εἰς μάτην ἐκοπίασαν οἱ οἰκοδομοῦντες· ἐάν μὴ Κύριος φυλάξῃ πόλιν, εἰς μάτην ἠγγρύπησεν ὁ φυλάσσω. Εἰς μάτην ὑμῖν ἐστὶ τὸ ὀρθρίζειν, ἐγείρεσθαι μετὰ τὸ καθῆσθαι, οἱ ἐσθίοντες ἄρτον ὀδύνης, ὅταν δῶ τοῖς ἀγαπητοῖς αὐτοῦ ὕπνον. Ἴδου ἡ κληρονομία Κυρίου υἱοί, ὁ μισθὸς τοῦ καρποῦ τῆς γαστροῦ. Ὡσεὶ βέλη ἐν χειρὶ δυνατοῦ, οὕτως οἱ υἱοὶ τῶν ἐκτετιναγμένων. Μακάριος ὃς πληρώσει τὴν ἐπιθυμίαν αὐτοῦ ἐξ αὐτῶν· οὐ καταισχυνθήσονται, ὅταν λαλῶσι τοῖς ἐχθροῖς αὐτῶν ἐν πύλαις.

Ψαλμὸς PKZ' (127).

Μακάριοι πάντες οἱ φοβούμενοι τὸν Κύριον, οἱ πορευόμενοι ἐν ταῖς ὁδοῖς αὐτοῦ. Τοὺς πόνους τῶν καρπῶν σου φάγεσαι· μακάριος εἶ, καὶ καλῶς σοι ἔσται. Ἡ γυνή σου ὡς ἄμπελος εὐθηνούσα ἐν τοῖς κλίτεσι τῆς οἰκίας σου· οἱ υἱοὶ σου ὡς νεόφυτα ἐλαιῶν κύκλω τῆς τραπέζης σου. Ἴδου οὕτως εὐλογηθήσεται ἄνθρωπος ὁ φοβούμενος τὸν Κύριον. Εὐλογῆσαι σε Κύριος ἐκ Σιών, καὶ ἴδοις τὰ ἀγαθὰ Ἱερουσαλήμ πάσας τὰς ἡμέρας τῆς ζωῆς σου· καὶ ἴδοις υἱοὺς τῶν υἱῶν σου. Εἰρήνη ἐπὶ τὸν Ἰσραήλ.

Ψαλμὸς PKH' (128).

Πλεονάκις ἐπολέμησάν με ἐκ νεότητός μου, εἰπάτω δὴ Ἰσραήλ· πλεονάκις ἐπολέμησάν με ἐκ νεότητός μου, καὶ γὰρ οὐκ ἠδυνήθησάν μοι. Ἐπὶ τὸν νῶτόν μου ἐτέκταινον οἱ ἁμαρτωλοὶ, ἐμάκρυναν τὴν ἀνομίαν αὐτῶν. Κύριος δίκαιος συνέκοψεν

Psalm 126 (127).

Unless the Lord builds the house, those who build it labor in vain; unless the Lord guard the city, those who guard it stay awake in vain. It is in vain for you to rise early, to awaken from your rest, you who eat the bread of grief, when He gives His beloved ones sleep. Behold, children are the Lord's inheritance; the fruit of the womb His reward. Like arrows in the hand of a mighty one, so are the children of those who were outcasts. Blessed is the man who shall fulfill his desire with them; they shall not be ashamed, when they speak to their enemies at the gate. [SAAS]

Psalm 127 (128).

Blessed are all who fear the Lord, who walk in His ways. You shall eat the fruits of your labor; you are blessed, and it shall be well with you. Your wife shall be like a vine, prospering on the sides of your house; your children like newly planted olive trees around your table. Behold, so shall the man be blessed who fears the Lord. May the Lord bless you from Zion, and may you see the good things of Jerusalem all the days of your life; may you see your children's children. Peace be upon Israel. [SAAS]

Psalm 128 (129).

"Many times they warred against me from my youth," let Israel now say; "Many times they warred against me from my youth, yet they did not overcome me. The sinners schemed behind my back; they prolonged their lawlessness." The righteous Lord cut in

αὐχένας ἀμαρτωλῶν. Αἰσχυνθήτωσαν καὶ ἀποστραφήτωσαν εἰς τὰ ὀπίσω πάντες οἱ μισοῦντες Σιών. Γενηθήτωσαν ὡσεὶ χόρτος δωμάτων, ὃς πρὸ τοῦ ἐκσπασθῆναι ἐξηράνθη· οὐδὲ οὐκ ἐπλήρωσε τὴν χεῖρα αὐτοῦ ὁ θερίζων καὶ τὸν κόλπον αὐτοῦ ὁ τὰ δράγματα συλλέγων, καὶ οὐκ εἶπαν οἱ παράγοντες· εὐλογία Κυρίου ἐφ' ὑμᾶς, εὐλογήκαμεν ὑμᾶς ἐν ὀνόματι Κυρίου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα. Δόξα σοι ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

pieces the necks of sinners. Let all who hate Zion be shamed and turned back. Let them become like grass on the housetops, which withers before it is plucked up; like grass with which the reaper does not fill his hand, nor the gatherer of sheaves, his bosom; neither do those who pass by say to them, "The Lord's blessing be upon you; in the Lord's name, we bless you." [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Γ' ΑΝΤΙΦΩΝΟΥ

Κύριε, ὁ Θεὸς ἡμῶν, μνήσθητι ἡμῶν τῶν ἁμαρτωλῶν καὶ ἀχρείων δούλων σου, ἐν τῷ ἐπικαλεῖσθαι ἡμᾶς τὸ ἅγιον καὶ προσκυνητὸν ὄνομά σου, καὶ μὴ κατασχύνῃς ἡμᾶς ἀπὸ τῆς προσδοκίας τοῦ ἐλέους σου, ἀλλὰ χάρισαι ἡμῖν, ὁ Θεός, πάντα τὰ πρὸς σωτηρίαν αἰτήματα, καὶ ἀξίωσον ἡμᾶς ἀγαπᾶν, καὶ φοβεῖσθαι σε ἐξ ὅλης τῆς καρδίας ἡμῶν, καὶ ποιεῖν ἐν πᾶσι τὸ θέλημά σου.

ΙΕΡΕΥΣ

Ὅτι ἀγαθὸς καὶ φιλόανθρωπος Θεὸς ὑπάρχεις καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

ΣΤΑΣΙΣ ΤΡΙΤΗ

Ψαλμὸς ΡΚ' (129).

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε, εἰσάκουσον τῆς φωνῆς μου· γενηθήτω τὰ ὦτά σου προσέχοντα εἰς τὴν φωνὴν τῆς δεήσεώς μου. Ἐὰν ἀνομίας παρατηρήσῃς, Κύριε Κύριε, τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἰλασμός ἐστιν. Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε, Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον. Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Ψαλμὸς ΡΛ' (130).

Κύριε, οὐχ ὑψώθη ἡ καρδιά μου, οὐδὲ ἐμετεωρίσθησαν οἱ ὀφθαλμοί μου, οὐδὲ ἐπορεύθην ἐν μεγάλοις, οὐδὲ ἐν θαυμασίοις ὑπὲρ ἐμέ. Εἰ μὴ ἐταπεινοφρόνουν, ἀλλὰ ὑψώσα τὴν ψυχὴν μου ὡς τὸ

PRIEST (in a low voice)

PRAYER OF THE THIRD ANTIPHON

O Lord, our God, be mindful of us Your sinful and useless servants as we call upon Your holy name. Let us not be shamed for expecting Your mercy, but grant us, O Lord, all our petitions which lead to salvation. Make us worthy to love and fear You with all our heart, and to do Your will in all things.

PRIEST

For you are a good and loving God, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. (Amen.)

READER

Third Stanza

Psalms 129 (130).

Out of the depths I have cried to You, O Lord; O Lord, hear my voice; let Your ears be attentive to the voice of my supplication. If You, O Lord, should mark transgression, O Lord, who would stand? For there is forgiveness with You. Because of Your law, O Lord, I waited for You; my soul waited for Your word. My soul hopes in the Lord, from the morning watch until night; from the morning watch until night, let Israel hope in the Lord. For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Psalms 130 (131).

O Lord, my heart is not exalted, neither are my eyes raised up; neither am I carried along in great things, nor in things too marvelous for me. If I were not humble-minded, but exalted my soul, like a child

ἀπογεγαλακτισμένον ἐπὶ τὴν μητέρα αὐτοῦ, ὡς ἀνταποδώσεις ἐπὶ τὴν ψυχὴν μου. Ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον, ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος.

Ψαλμὸς ΡΛΑ' (131).

Μνήσθητι, Κύριε, τοῦ Δαυῖδ καὶ πάσης τῆς πραότητος αὐτοῦ, ὡς ὤμοσε τῷ Κυρίῳ, ἠΰξατο τῷ Θεῷ Ἰακώβ. Εἰ εἰσελεύσομαι εἰς σκὴνωμα οἴκου μου, εἰ ἀναβήσομαι ἐπὶ κλίνης στρωμνῆς μου, εἰ δώσω ὕπνον τοῖς ὀφθαλμοῖς μου καὶ τοῖς βλεφάροις μου νυσταγμὸν καὶ ἀνάπαυσιν τοῖς κροτάφοις μου, ἕως οὗ εὔρω τόπον τῷ Κυρίῳ, σκὴνωμα τῷ Θεῷ Ἰακώβ. ἰδοὺ ἠκούσαμεν αὐτὴν ἐν Εὐφραθᾶ, εὔρομεν αὐτὴν ἐν τοῖς πεδίοις τοῦ δρυμοῦ· εἰσελευσώμεθα εἰς τὰ σκηνώματα αὐτοῦ, προσκυνήσωμεν εἰς τὸν τόπον, οὗ ἔστησαν οἱ πόδες αὐτοῦ. ἀνάστηθι, Κύριε, εἰς τὴν ἀνάπαυσίν σου, σὺ καὶ ἡ κιβωτὸς τοῦ ἁγιάσματος σου· οἱ ἱερεῖς σου ἐνδύσονται δικαιοσύνην, καὶ οἱ ὄσιοί σου ἀγαλλιάσονται. ἔνεκεν Δαυῖδ τοῦ δούλου σου μὴ ἀποστρέψῃς τὸ πρόσωπον τοῦ χριστοῦ σου. ὤμοσε Κύριος τῷ Δαυῖδ ἀλήθειαν καὶ οὐ μὴ ἀθετήσῃ αὐτὴν Ἐκ καρποῦ τῆς κοιλίας σου θήσομαι ἐπὶ τὸν θρόνον σου· ἐὰν φυλάξωνται οἱ υἱοὶ σου τὴν διαθήκην μου καὶ τὰ μαρτύριά μου ταῦτα, ἃ διδάξω αὐτούς, καὶ οἱ υἱοὶ αὐτῶν ἕως τοῦ αἰῶνος καθιοῦνται ἐπὶ τοῦ θρόνου σου. ὅτι ἐξελέξατο Κύριος τὴν Σιών, ἠρετίσατο αὐτὴν εἰς κατοικίαν ἑαυτῷ. Αὕτη ἡ κατάπαυσις μου εἰς αἰῶνα αἰῶνος, ὧδε κατοικήσω, ὅτι ἠρετισάμην αὐτὴν· τὴν θήραν αὐτῆς εὐλογῶν εὐλογήσω, τοὺς πτωχοὺς αὐτῆς χορτάσω ἄρτων, τοὺς ἱερεῖς αὐτῆς ἐνδύσω σωτηρίαν, καὶ οἱ ὄσιοι αὐτῆς ἀγαλλιάσει ἀγαλλιάσονται· ἐκεῖ

weaned from his mother, so You would reward my soul. Let Israel hope in the Lord from this present time and unto the ages. [SAAS]

Psalm 131 (132).

Remember David, O Lord, and all his meekness, how he swore to the Lord, how he vowed to the God of Jacob, "I shall not enter my dwelling, I shall not recline on my bed, I shall not close my eyes in sleep nor my eyelids for dozing, nor give any rest to my temples, until I find a place for the Lord, a tabernacle for the God of Jacob." Behold, we heard of it in Ephrathah; we found it in the plains of the wood; let us enter into His tabernacles; let us worship at the place where His feet stood. Arise, O Lord, into Your rest, You and the ark of Your holiness; Your priests shall clothe themselves in righteousness; Your saints shall greatly rejoice. For Your servant David's sake, do not turn away from the face of Your anointed. The Lord swore to David this truth, and He shall not reject it, "I shall set upon your throne one from the fruit of your loins. If your sons keep My covenant and these testimonies I shall teach them, then their sons shall sit upon your throne forever." For the Lord has chosen Zion; He chose her for His dwelling: "This is My place of rest unto ages of ages; here I shall dwell, for I have chosen her. Blessing, I shall bless her provision; I shall satisfy her poor with bread; and I shall clothe her priests with salvation, and her saints shall rejoice exceedingly with great joy; there I shall cause to spring up a horn for David; there I prepared a lamp for my anointed; his enemies I shall clothe with

ἐξανατελῶ κέρας τῷ Δαυΐδ, ἠτοιμάσα
λύχνον τῷ χριστῷ μου· τοὺς ἐχθροὺς αὐτοῦ
ἐνδύσω αἰσχύνην, ἐπὶ δὲ αὐτὸν ἐξανθήσει
τὸ ἀγίασμά μου.

Ψαλμὸς ΡΑΒ' (132).

Ἴδου δὴ τί καλὸν ἢ τί τερπνόν, ἀλλ' ἢ τὸ
κατοικεῖν ἀδελφούς ἐπὶ τὸ αὐτό; Ὡς μύρον
ἐπὶ κεφαλῆς τὸ καταβαῖνον ἐπὶ πώγωνα,
τὸν πώγωνα τοῦ Ἀαρών, τὸ καταβαῖνον ἐπὶ
τὴν ῥάιν τοῦ ἐνδύματος αὐτοῦ. Ὡς δρόσος
Ἀερμών ἢ καταβαίνουσα ἐπὶ τὰ ὄρη Σιών.
Ὅτι ἐκεῖ ἐνετείλατο Κύριος τὴν εὐλογίαν,
ζωὴν ἕως τοῦ αἰῶνος.

Ψαλμὸς ΡΑΓ' (133).

Ἴδου δὴ εὐλογεῖτε τὸν Κύριον, πάντες
οἱ δούλοι Κυρίου οἱ ἐστῶτες ἐν οἴκῳ Κυρίου,
ἐν ἀυλαῖς οἴκου Θεοῦ ἡμῶν. Ἐν ταῖς νυξίν
ἐπάρατε τὰς χεῖρας ὑμῶν εἰς τὰ ἅγια καὶ
εὐλογεῖτε τὸν Κύριον. Εὐλογῆσαι σε Κύριος
ἐκ Σιών ὁ ποιήσας τὸν οὐρανὸν καὶ τὴν γῆν.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἀλληλουΐα. Ἀλληλουΐα. Ἀλληλουΐα.
Δόξα σοι ὁ Θεός. (ἐκ γ')

Ἡ ἐλπίς ἡμῶν, Κύριε, δόξα σοι.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης

shame; upon him shall My sanctification
flourish." [SAAS]

Psalm 132 (133).

Behold now, what is so good or so
pleasant as for brothers to dwell together in
unity? It is like fragrant oil running down
upon the beard, the beard of Aaron, running
down upon the border of his garment; it is
like the dew of Hermon, running down upon
the mountains of Zion; for there the Lord
commanded the blessing and life forever. [SAAS]

Psalm 133 (134).

Behold now, bless the Lord, all you
servants of the Lord, who stand in the house
of the Lord, in the courts of the house of our
God. In the nights, lift up your hands to the
holy of holies and bless the Lord. May the
Lord bless you from Zion, He who made
heaven and earth. [SAAS]

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

Our hope, O Lord, glory to You.

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos

ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ Δ' ΑΝΤΙΦΩΝΟΥ

Ὁ τοῖς ἀσιγήτοις ὕμνοις καὶ ἀπαύστοις
δοξολογίαις ὑπὸ τῶν ἁγίων δυνάμεων
ἀννυμούμενος, πλήρωσον τὸ στόμα ἡμῶν τῆς
αἰνέσεώς σου, τοῦ δοῦναι μεγαλωσύνην τῷ ὀνόματί
σου τῷ ἁγίῳ, καὶ δὸς ἡμῖν μερίδα καὶ κληρον
μετὰ πάντων τῶν φοβουμένων σε ἐν ἀληθείᾳ καὶ
φυλασσόντων τὰς ἐντολάς σου, πρεσβείαις τῆς
ἁγίας Θεοτόκου καὶ πάντων τῶν ἁγίων σου.

ΙΕΡΕΥΣ

Ὅτι σὺ εἶ ὁ Θεὸς ἡμῶν, Θεὸς τοῦ
ἐλεεῖν καὶ σώζειν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ
τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων. (Ἀμήν.)

ΧΟΡΟΣ

Ἦχος α'.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν
μου, εἰσάκουσόν μου, Κύριε. Κύριε,
ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου·
πρόσχεσ τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ
κεκραγέναι με πρὸς σέ. Εἰσάκουσόν μου,
Κύριε.

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν
μου θυσία ἔσπερινή. Εἰσάκουσόν μου,
Κύριε.

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν
περιοχῆς περὶ τὰ χεῖλη μου.

Μὴ ἐκκλίνης τὴν καρδίαν μου εἰς λόγους
πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν
ἀμαρτίαις.

and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

You who are praised with incessant hymns and
ceaseless doxologies by the heavenly Powers, fill our
mouth with Your praise, so that we may exalt Your
holy name. Grant us a share and a part with all those
who fear You in truth and keep Your commandments,
through the intercessions of the holy Theotokos and all
Your saints.

PRIEST

For You are our God, the God of mercy
and salvation, and to You do we send up
glory, to the Father, and to the Son, and to the
Holy Spirit, both now and ever, and to the
ages of ages. (Amen.)

CHOIR

Mode 1.

Lord, I have cried to You; hear me. Hear
me, O Lord. Lord, I have cried to You; hear
me. Give heed to the voice of my supplication
when I cry to You. Hear me, O Lord. [SAAS]

Let my prayer be set forth before You
as incense, the lifting up of my hands as the
evening sacrifice. Hear me, O Lord. [SAAS]

Set a watch, O Lord, before my mouth, a door of
enclosure about my lips.

Incline not my heart to evil words, to make
excuses in sins.

Σὺν ἀνθρώποις ἐργαζομένοις τὴν ἀνομίαν, καὶ οὐ μὴ συνδυάσω μετὰ τῶν ἐκλεκτῶν αὐτῶν.

Παιδεύσει με δίκαιος ἐν ἐλέει, καὶ ἐλέγξει με, ἔλαιον δὲ ἀμαρτωλοῦ μὴ λιπανάτω τὴν κεφαλὴν μου.

Ὅτι ἔτι καὶ ἡ προσευχή μου ἐν ταῖς εὐδοκίαις αὐτῶν κατεπόθησαν ἐχόμενα πέτρας οἱ κριταὶ αὐτῶν.

Ακούσονται τὰ ῥήματά μου, ὅτι ἠδύνθησαν ὡσεὶ πάχος γῆς ἐρράγη ἐπὶ τῆς γῆς, διεσκορπίσθη τὰ ὀστᾶ αὐτῶν παρὰ τὸν ἄδην.

Ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ μου· ἐπὶ σοὶ ἤλπισα, μὴ ἀντανέλης τὴν ψυχὴν μου.

Φύλαξόν με ἀπὸ παγίδος ἧς συνεστήσαντό μοι, καὶ ἀπὸ σκανδάλων τῶν ἐργαζομένων τὴν ἀνομίαν.

Πεσοῦνται ἐν ἀμφιβλήστρω αὐτῶν οἱ ἀμαρτωλοί· κατὰ μόνας εἰμὶ ἐγὼ ἕως ἂν παρέλθω.

Φωνῆ μου πρὸς Κύριον ἐκέκραξα, φωνῆ μου πρὸς Κύριον ἐδεήθην.

Ἐκχεῶ ἐνώπιον αὐτοῦ τὴν δέησίν μου, τὴν θλιψίν μου ἐνώπιον αὐτοῦ ἀπαγγελῶ.

Ἐν τῷ ἐκλείπειν ἐξ ἐμοῦ τὸ πνεῦμά μου, καὶ σὺ ἔγνωσ τὰς τρίβους μου.

Ἐν ὁδῷ ταύτῃ, ἣ ἐπορευόμην, ἔκρουσαν παγίδα μοι.

Κατενόουν εἰς τὰ δεξιὰ, καὶ ἐπέβλεπον, καὶ οὐκ ἦν ὁ ἐπιγινώσκων με.

Ἀπώλετο φυγὴ ἀπ' ἐμοῦ, καὶ οὐκ ἔστιν ὁ ἐκζητῶν τὴν ψυχὴν μου.

Ἐκέκραξα πρὸς σέ, Κύριε εἶπα· Σὺ εἶ ἡ ἐλπίς μου, μερίς μου εἶ ἐν γῆ ζώντων.

Πρόσχες πρὸς τὴν δέησίν μου, ὅτι ἐταπεινώθην σφόδρα.

Ῥῦσαι με ἐκ τῶν καταδιωκόντων με, ὅτι ἐκραταιώθησαν ὑπὲρ ἐμέ.

With men who work lawlessness; and I will not join with their choice ones.

The righteous man shall correct me with mercy, and he shall reprove me; but let not the oil of the sinner anoint my head.

For my prayer shall be intense in the presence of their pleasures. Their judges are swallowed up by the rock.

They shall hear my words, for they are pleasant. As a clod of ground is dashed to pieces on the earth, so their bones were scattered beside the grave.

For my eyes, O Lord, O Lord, are toward You; in You I hope; take not my soul away.

Keep me from the snares they set for me, and from the stumbling blocks of those who work lawlessness.

Sinners shall fall into their own net; I am alone, until I escape.

I cried to the Lord with my voice, with my voice I prayed to the Lord.

I shall pour out my supplication before Him; I shall declare my affliction in His presence.

When my spirit fainted within me, then You knew my paths.

For on the way I was going, they hid a trap for me.

I looked on my right, and saw there was no one who knew me.

Refuge failed me, and there was no one who cared for my soul.

I cried to You, O Lord; I said, "You are my hope, my portion in the land of the living."

Attend to my supplication, for I was humbled exceedingly.

Deliver me from my persecutors, for they are stronger than I.

Τοῦ Τριωδίου.

Στιχηρὸν Ἰδιόμελον. Ἦχος α΄.

Ἐξάγαγε ἐκ φυλακῆς τὴν ψυχὴν μου, τοῦ
ἐξομολογήσασθαι τῷ ὀνόματί σου.

Τὴν πνευματικὴν ἀδελφοί,
ἀναλαβόντες Νηστείαν, τῇ γλώσσει μὴ
λαλεῖτε τὰ δόλια, μηδὲ τίθεσθε πρόσκομμα,
τῷ ἀδελφῷ εἰς σκάνδαλον, ἀλλὰ τῇ
μετανοίᾳ φαιδρύναντες, τὴν τῆς ψυχῆς
λαμπάδα τοῖς δάκρυσιν, βοήσωμεν τῷ
Χριστῷ· Ἄφες ἡμῖν τὰ παραπτώματα ἡμῶν,
ὡς φιλόανθρωπος.

Στιχηρὸν Ἰδιόμελον. Ἦχος α΄.

Ἐμὲ ὑπομενοῦσι δίκαιοι, ἕως οὐ
ἀνταποδῶς μοι.

Τὴν πνευματικὴν ἀδελφοί,
ἀναλαβόντες Νηστείαν, τῇ γλώσσει μὴ
λαλεῖτε τὰ δόλια, μηδὲ τίθεσθε πρόσκομμα,
τῷ ἀδελφῷ εἰς σκάνδαλον, ἀλλὰ τῇ
μετανοίᾳ φαιδρύναντες, τὴν τῆς ψυχῆς
λαμπάδα τοῖς δάκρυσιν, βοήσωμεν τῷ
Χριστῷ· Ἄφες ἡμῖν τὰ παραπτώματα ἡμῶν,
ὡς φιλόανθρωπος.

Μαρτυρικόν.

Ἦχος α΄. Ἀυτόμελον.

Ἐκ βαθέων ἐκέκραξά σοι, Κύριε· Κύριε,
εἰσάκουσον τῆς φωνῆς μου.

Πανεύφημοι μάρτυρες ὑμᾶς, οὐχ ἡ γῆ
κατέκρυψεν, ἀλλ' οὐρανὸς ὑπέδέξατο, ὑμῖν
ἠνοιγήσαν, Παραδείσου πύλαι, καὶ ἐντὸς
γενόμενοι, τοῦ ξύλου τῆς ζωῆς ἀπολαύετε,
Χριστῷ πρεσβεύοντες, δωρηθῆναι ταῖς
ψυχαῖς ἡμῶν, τὴν εἰρήνην καὶ τὸ μέγα
ἔλεος.

From the Triodion.

Sticheron Idiomelon. Mode 1.

*Bring my soul out of prison to give thanks to
Your name, O Lord. [SAAS]*

O brethren, as you have undertaken the
spiritual fast of Lent, do not let your tongue
speak words of deceit, and do not put a
stumbling block or hindrance in the way of
a brother. But rather, by repentance let us
brighten the lamp of the soul, and with tears
let us cry aloud to Christ, "Forgive us our
trespasses, as the One who loves humanity."

[SD]

Sticheron Idiomelon. Mode 1.

*The righteous shall wait for me, until You
reward me. [SAAS]*

O brethren, as you have undertaken the
spiritual fast of Lent, do not let your tongue
speak words of deceit, and do not put a
stumbling block or hindrance in the way of
a brother. But rather, by repentance let us
brighten the lamp of the soul, and with tears
let us cry aloud to Christ, "Forgive us our
trespasses, as the One who loves humanity."

[SD]

For the Martyrs.

Mode 1. Automelon.

*Out of the depths I have cried to You, O Lord;
O Lord, hear my voice. [SAAS]*

O Martyrs, extolled in all the world, *
you were not concealed by earth, * but rather
heaven admitted you. The gates of Paradise
* unto you were opened. * Having gone
within, you now * enjoy the tree of life, and
you intercede with Christ on our behalf, *
supplicating that surpassing peace * and great
mercy * be upon our souls bestowed. [SD]

Στιχηρὰ Προσόμοια. Ποίημα Ἰωσήφ.

Ἦχος γ΄. Μεγάλη τῶν Μαρτύρων σου.

Γενηθήτω τὰ ὦτά σου προσέχοντα εἰς
τὴν φωνὴν τῆς δεήσεώς μου.

Τῶν θείων Ἀποστόλων, Κύριε δεήσεσι,
τὸν τῆς Νηστείας χρόνον, καλῶς ἡμᾶς
τελέσαι, κατανύξει διανοίας καταξιώσον,
ὡς ἀγαθὸς εὐσπλαγχνε, ἵνα σωζόμενοι, σὲ
δοξάζωμεν πάντες.

Ἦχος γ΄. Μεγάλη τῶν Μαρτύρων σου.

Ἐὰν ἀνομίας παρατηρήσης, Κύριε Κύριε,
τίς ὑποστήσεται; ὅτι παρὰ σοὶ ὁ ἴλασμός
ἐστίν.

Μεγάλη καὶ φορικτή σου Κύριε ἡ ἔλευσις,
ἐν ἣ καθίσας κρίσιν, δικαίαν ἐκτελέσης! Μὴ
οὖν κρίνης με, τὸν κατακεκριμένον, ἀλλ'
ὡς Θεὸς φεῖσαί μου, τῶν Ἀποστόλων σου,
εὐπροσδέκτοις πρεσβείαις.

Ἔτερον. Ποίημα Θεοδώρου.

Ἦχος πλ. β΄. Ὀλην ἀποθέμενοι.

Ἐνεκεν τοῦ ὀνόματός σου ὑπέμεινά σε,
Κύριε, ὑπέμεινεν ἡ ψυχὴ μου εἰς τὸν λόγον
σου. Ἦλπισεν ἡ ψυχὴ μου ἐπὶ τὸν Κύριον.

Χριστοῦ οἱ Ἀπόστολοι, τῶν γηγενῶν
οἱ φωστῆρες, θησαυροὶ κοσμοπλουτοὶ,
τῆς πανσόφου γνώσεως, τοῦ Θεοῦ ἡμῶν,
τοὺς ὑμᾶς μέλποντας, πειρασμῶν ῥύσατε,
ταῖς ἀγίαις προσευχαῖς ὑμῶν, καὶ τὸν
καιρὸν ἡμῖν, τὸν τῶν Νηστειῶν διεξάγετε,
νεανικῶς βραβεύοντες, ἐν εἰρήνῃ νῦν τὴν
ζωὴν ἡμῶν, ἵνα εὐαρέστως, προφθάσαντες
τὸ Πάθος τοῦ Χριστοῦ, ἐν παρησῖα
προσφέρωμεν, ὕμνοις τῷ Θεῷ ἡμῶν.

Stichera Prosomia. By Joseph.

Mode 3. *The power of Your martyr Saints.*

*Let Your ears be attentive to the voice of my
supplication. [SAAS]*

O Lord, by the prayers of Your divine
Apostles, * enable us to properly keep the
Lenten season, * with compunction of mind
and with a heart contrite, * O good and
merciful One, * so that as we are saved * we
may all glorify You. [SD]

Mode 3. *The power of Your martyr Saints.*

*If You, O Lord, should mark transgression, O
Lord, who would stand? For there is forgiveness
with You. [SAAS]*

O Lord, Your Second Coming will be
great and frightening, * when You will sit in
judgment and pass a just verdict. * Though
I am condemned, I pray You not to judge
me, * but rather spare me, O God, * at the
acceptable * prayers of Your Apostles. [SD]

Another. By Theodore.

Mode pl. 2. *When the saints deposited.*

*Because of Your law, O Lord, I waited for
You; my soul waited for Your word. My soul
hopes in the Lord. [SAAS]*

O Apostles of the Lord, for us on earth
you are bright stars, * and you make the
whole wide world * rich with the divinely
wise * knowledge of our God. * We extol
you in song; * you in turn, rescue us *
from temptations by your holy prayers. *
Guide and support us now, * to observe the
season of Lent this year * with youthful zeal,
rewarding us * with the means to live out our
life in peace, * so that in a manner acceptable
to God we may attain * the holy Passion of

Στιχηρὰ τοῦ Μηναίου.

Τοῦ Μηναίου ---

Ἦχος β΄. Ὅτε ἐκ τοῦ ξύλου.

Ἀπὸ φυλακῆς πρωΐας μέχρι νυκτός· ἀπὸ φυλακῆς πρωΐας ἐλπισάτω Ἰσραὴλ ἐπὶ τὸν Κύριον.

Κόσμου τοὺς θορύβους ἐκφυγών, ἐν ἀταραξίᾳ παμμάκαρ τὸν νοῦν ἐφύλαξας, μὴ περιπλανώμενον, μηδὲ ῥεμβόμενον, ταῖς τοῦ βίου συγχύσεσι, καὶ ταῖς τρικυμίαις, ἀλλ' ἀνατεινόμενον, καὶ ἄνω βλέποντα, πόθῳ πρὸς τὸν ἄνω Δεσπότην, πρὸς τὸν εὐεργέτην τῶν ὅλων, ἀξιομακάριστε Ἰάκωβε.

Ὅτι παρὰ τῷ Κυρίῳ τὸ ἔλεος καὶ πολλὴ παρ' αὐτῷ λύτρωσις, καὶ αὐτὸς λυτρώσεται τὸν Ἰσραὴλ ἐκ πασῶν τῶν ἀνομιῶν αὐτοῦ.

Κόσμου τοὺς θορύβους ἐκφυγών, ἐν ἀταραξίᾳ παμμάκαρ τὸν νοῦν ἐφύλαξας, μὴ περιπλανώμενον, μηδὲ ῥεμβόμενον, ταῖς τοῦ βίου συγχύσεσι, καὶ ταῖς τρικυμίαις, ἀλλ' ἀνατεινόμενον, καὶ ἄνω βλέποντα, πόθῳ πρὸς τὸν ἄνω Δεσπότην, πρὸς τὸν εὐεργέτην τῶν ὅλων, ἀξιομακάριστε Ἰάκωβε.

Αἰνεῖτε τὸν Κύριον, πάντα τὰ ἔθνη, ἐπαινεσατε αὐτόν, πάντες οἱ λαοί.

Ἐξω τῆς τοῦ κόσμου ταραχῆς, Πάτερ διεξάγων τὸν βίον, παθῶν ἐλεύθερος, γέγονας τῇ χάριτι περιφρουρούμενος, καὶ δαιμόνων τὰς φάλαγγας, ἀσκήσει συντόνων, καὶ θεΐαις ἀστράψεσι, καταστεψάμενος, χαίρων σὺν Ἀγγέλοις χορεύεις, ὧν τὴν

Christ, and may * offer up our hymns of praise. [SD]

Stichera from the Menaion.

From Menaion ---

Mode 2. Joseph took You down.

From the morning watch until night; from the morning watch until night, let Israel hope in the Lord. [SAAS]

Fleeing from the tumult of the world, * you, all-blessed James, were preserving unagitated your mind, * which you kept from roving and paying attention to * the distractions and turbulence * of life in the world; * you instead uplifted it to gaze with longing on high * to the Lord and Master in heaven, * who is the divine Benefactor * of all men, O ever-blessed Saint of God. [SD]

For with the Lord there is mercy, and with Him is abundant redemption; and He shall redeem Israel from all his transgressions. [SAAS]

Fleeing from the tumult of the world, * you, all-blessed James, were preserving unagitated your mind, * which you kept from roving and paying attention to * the distractions and turbulence * of life in the world; * you instead uplifted it to gaze with longing on high * to the Lord and Master in heaven, * who is the divine Benefactor * of all men, O ever-blessed Saint of God. [SD]

Praise the Lord, all you Gentiles; praise Him, all you peoples. [SAAS]

Father, having led a quiet life * far from all the world's agitation, guarded by grace divine, * you attained the state of freedom from the passions and sin. * And by means of your rigorous * ascetical practice * and the light of God that shone from you, you wholly

πολιτείαν ἐκτίσω, περὶ τὸν Παντάνακτα
καὶ Κύριον.

Ὅτι ἐκραταιώθη τὸ ἔλεος αὐτοῦ ἐφ’
ἡμᾶς, καὶ ἡ ἀλήθεια τοῦ Κυρίου μένει εἰς τὸν
αἰῶνα.

Ἐξῆς ἔξω κόσμου καὶ σαρκός, ὑπὲρ τὰ
ὀρώμενα πάντα, ὡς τὴν ἀόρατον, δόξαν
ἐνθυμούμενος, καὶ φανταζόμενος, τῆς
σκηνῆς τὴν εὐπρέπειαν, τῆς ἐπουρανίου,
καὶ τὴν ὠραιότητα τὴν ἀκατάληπτον,
ἧς νῦν ἐμφορούμενος σῶσαι, τοὺς
πιστῶς τιμῶντάς σε Πάτερ, τὸν Χριστὸν
δυσώπησον Ἰάκωβε.

Δόξα· καὶ νῦν. **Θεοτοκίον.**

Ἦχος β’. Ὅτε ἐκ τοῦ ξύλου.

Πάντων θλιβομένων ἢ χαρά, καὶ
ἀδικουμένων προστάτις, καὶ πενομένων
τροφή, ξένων τε παράκλησις, καὶ βακτηρία
τυφλῶν, ἀσθενούντων ἐπίσκεψις,
καταπονουμένων, σκέπη καὶ ἀντίληψις,
καὶ ὀρφανῶν βοηθός, Μήτηρ τοῦ Θεοῦ τοῦ
Ἰψίστου, σὺ ὑπάρχεις, Ἄχραντε, σπεῦσον,
δυσωποῦμεν σῶζεσθαι τοὺς δούλους σου.

ΔΙΑΚΟΝΟΣ

(χαμηλοφώνως)

Τοῦ Κυρίου δεηθῶμεν.

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΤΗΣ ΕΙΣΟΔΟΥ

Ἐσπέρας καὶ πρωῖ καὶ μεσημβρίας, αἰνοῦμεν,
εὐλογοῦμεν, εὐχαριστοῦμεν καὶ δεόμεθά σου,
Δέσποτα τῶν ἀπάντων, Φιλάνθρωπε, Κύριε.
Κατεύθυνον τὴν προσευχὴν ἡμῶν, ὡς θυμίαμα
ἐνώπιόν σου καὶ μὴ ἐκκλίνης τὰς καρδίας ἡμῶν εἰς
λόγους, ἢ εἰς λογισμοὺς πονηρίας, ἀλλὰ ῥῦσαι ἡμᾶς

subdued * ranks of demons. Now you are
joyful, * dancing round the Lord with the
Angels, * whose exalted status you indeed
attained. [SD]

*For His mercy rules over us; and the truth of
the Lord endures forever. [SAAS]*

You lived as if outside of the world * and
the flesh, recalling the glory that is invisible. *
You transcended all things visible, imagining
* the majestic grandeur of * the Savior's
celestial * tabernacle and its ineffable beauty;
of which * you, O Father James, are a bearer.
* Pray for us to Christ that He save us * who
extol you faithfully and honor you. [SD]

Glory. Both now. **Theotokion.**

Mode 2. *Joseph took You down.*

For all who are troubled you are joy, *
and of the abused a protectress, the paupers'
nourishment, * strangers' consolation and a
walking staff of the blind, * visitation of the
infirm, * assistance and shelter * for the weary
and oppressed, help of the orphans as well.
* Hasten to deliver your servants, * fervently
we beg you, O pure one, * since you are the
Mother of the Most High God. [SD]

DEACON

(in a low voice)

Let us pray to the Lord.

PRIEST (in a low voice)

Prayer of the Entrance

At evening, at morning and at midday we praise,
bless and give thanks, and we pray to you, Master of
all things, Lord who love mankind: Direct our prayer
before you like incense, and do not incline our hearts to
words or thoughts of evil, but deliver us from all that

ἐκ πάντων τῶν θηρευόντων τὰς ψυχὰς ἡμῶν· ὅτι πρὸς σέ, Κύριε, Κύριε, οἱ ὀφθαλμοὶ ἡμῶν, καὶ ἐπὶ σοὶ ἠλπίσαμεν· μὴ καταισχύνῃς ἡμᾶς, ὁ Θεὸς ἡμῶν.

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί.

ΑΝΑΓΝΩΣΤΗΣ

Φῶς ἰλαρὸν ἀγίας δόξης, ἀθανάτου Πατρὸς, οὐρανόυ, ἀγίου, μάκαρος, Ἰησοῦ Χριστέ, ἐλθόντες ἐπὶ τὴν ἡλίου δύσιν, ἰδόντες φῶς ἐσπερινόν, ὑμνοῦμεν Πατέρα, Υἱόν, καὶ ἅγιον Πνεῦμα Θεόν. Ἄξιόν σε ἐν πᾶσι καιροῖς, ὑμνεῖσθαι φωναῖς αἰσίοις, Υἱὲ Θεοῦ, ζωὴν ὁ δίδούς· * διὸ ὁ κόσμος σε δοξάζει.

Τὰ Αναγνώσματα

ΙΕΡΕΥΣ

Ἐσπέρας...

Τοῦ Τριωδίου ---

ΑΝΑΓΝΩΣΤΗΣ

Προκείμενον. Ἦχος πλ. β΄.
Ψαλμὸς ΛΑ΄ (31).

Εὐφράνθητε ἐπὶ Κύριον καὶ ἀγαλλιᾶσθε, δίκαιοι.

Μακάριοι ὧν ἀφέθησαν αἱ ἀνομίαι.

Γενέσεως τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. Δ΄, 16-26

Ἐξῆλθε Κάϊν ἀπὸ προσώπου τοῦ Θεοῦ, καὶ ᾤκησεν ἐν γῆ Ναῖδ, κατέναντι Ἐδέμ. Καὶ ἔγνω Κάϊν τὴν γυναῖκα αὐτοῦ, καὶ συλλαβοῦσα ἔτεκε τὸν Ἐνώχ. Καὶ ἦν οἰκοδομῶν πόλιν, καὶ ἐπωνόμασε τὴν πόλιν ἐπὶ τῷ ὀνόματι τοῦ υἱοῦ αὐτοῦ, Ἐνώχ. Ἐγεννήθη δὲ τῷ Ἐνώχ Γαϊδάδ, καὶ Γαϊδάδ ἐγέννησε τὸν Μαλελεήλ, καὶ

hunt down our souls. For our eyes look to you, O Lord, our Lord, and we have hoped in you.

DEACON

Wisdom. Arise.

READER

Gladsome light of holy glory of the holy, blessed, heavenly, immortal Father, O Jesus Christ: arriving at the hour of sunset and having seen the evening light, we praise the Father, Son, and Holy Spirit, God. It is worthy for You to be praised at all times with happy voices, O Son of God and Giver of life; * and therefore the world glorifies You.

The Readings

PRIEST

The evening...

From Triodion ---

READER

Prokeimenon. Mode pl. 2.
Psalm 31 (32).

Be glad in the Lord and rejoice greatly, O righteous ones.

Blessed are those whose transgressions are forgiven. [SAAS]

The reading is from the book of Genesis.

PRIEST

Wisdom. Let us be attentive.

READER

4:16-26

Then Cain went out from the presence of the Lord and dwelt in the land of Nod opposite Eden. And Cain knew his wife, and she conceived and bore Enoch. And he built a city, and called the name of the city after the name of his son Enoch. To Enoch was born Irad; and Irad begot Mehujael; and Mehujael begot Methushael; and Methushael begot

Μαλελεήλ ἐγέννησε τὸν Μαθουσάλα, καὶ Μαθουσάλα ἐγέννησε τὸν Λάμεχ. Καὶ ἔλαβεν ἑαυτῷ Λάμεχ δύο γυναῖκας, ὄνομα τῇ μιᾷ, Ἀδά, καὶ ὄνομα τῇ δευτέρᾳ Σελλά. Καὶ ἔτεκεν Ἀδὰ τὸν Ἰωβήλ· οὗτος ἦν πατὴρ οἰκούντων ἐν σκηναῖς κτηνοτρόφων, καὶ ὄνομα τῷ ἀδελφῷ αὐτοῦ Ἰουβάλ· οὗτος ἦν ὁ καταδείξας ψαλτήριον καὶ κιθάραν, Σελλὰ δὲ καὶ αὐτὴ ἔτεκε τὸν Θόβελ, καὶ ἦν σφυροκόπος χαλκεὺς χαλκοῦ, καὶ σιδήρου· ἀδελφὴ δὲ Θόβελ, Νοεμά. Εἶπε δὲ Λάμεχ ταῖς ἑαυτοῦ γυναῖξιν, Ἀδὰ καὶ Σελλά· Ἀκούσατέ μου τῆς φωνῆς, γυναῖκες Λάμεχ, ἐνωτίσασθέ μου τοὺς λόγους, ὅτι ἄνδρα ἀπέκτεινα εἰς τραῦμα ἐμοί, καὶ νεανίσκον εἰς μώλωπα ἐμοί. Ὅτι ἐπτάκις ἐκδεδίκηται ἐκ Κάϊν, ἐκ δὲ Λάμεχ ἑβδομηκοντάκις ἐπτὰ. Ἔγνω δὲ Ἀδὰμ Εὐάν τὴν γυναῖκα αὐτοῦ, καὶ συλλαβοῦσα ἔτεκεν υἱόν, καὶ ἐπωνόμασε τὸ ὄνομα αὐτοῦ, Σήθ, λέγουσα· Ἐξανέστησε γάρ μοι ὁ Θεὸς σπέρμα ἕτερον ἀντὶ Ἄβελ, ὃν ἀπέκτεινε Κάϊν. Καὶ τῷ Σήθ ἐγένετο υἱός, ἐπωνόμασε δὲ τὸ ὄνομα αὐτοῦ, Ἐνώς· οὗτος ἤλπισεν ἐπικαλεῖσθαι τὸ ὄνομα Κυρίου τοῦ Θεοῦ.

Προκείμενον. Ἦχος α΄.

Ψαλμὸς ΛΒ΄ (32).

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.
Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ.

(ἐμμελῶς)

Κέλευσον.

ΙΕΡΕΥΣ

Σοφία. Ὁρθοί. Φῶς Χριστοῦ φαίνει πᾶσι.

Lamech. Then Lamech took two wives for himself: the name of one was Adah, and the name of the second was Zillah. So Adah bore Jabal . He was the father of those who dwell in tents and have livestock. His brother's name was Jubal. He is the one who invented the psaltery and harp. As for Zillah, she also bore Tubal-Cain, a smith and a manufacturer of bronze and iron. And the sister of Tubal-Cain was Naamah. Then Lamech said to his wives Adah and Zillah: "Hear my voice, you wives of Lamech, and listen carefully to my words, because I killed a man for wounding me and a young man for hurting me. If Cain shall be avenged sevenfold, then Lamech seventy-sevenfold." Again Adam knew his wife Eve, and she conceived and bore a son, and he named him Seth, saying, "God has appointed another seed for me instead of Abel, whom Cain killed." As for Seth, to him also a son was born. He named him Enosh, and he hoped in the Lord God and called upon His name. [SAAS]

Prokeimenon. Mode 1.

Psalm 32 (33).

Let Your mercy, O Lord, be upon us.
Rejoice greatly in the Lord, O righteous ones.

[SAAS]

(sung)

Command!

PRIEST

Wisdom. Arise. The light of Christ shines upon all.

ΑΝΑΓΝΩΣΤΗΣ

Παροιμιῶν τὸ ἀνάγνωσμα.

ΙΕΡΕΥΣ

Σοφία. Πρόσχωμεν.

ΑΝΑΓΝΩΣΤΗΣ

Κεφ. Ε', 15 - Ζ', 3

Υἱέ, πίνε ὕδατα ἀπὸ σῶν ἀγγείων, καὶ ἀπὸ σῶν φρεάτων πηγῆς, ὑπερεκχείσθω σοι τὰ σὰ ὕδατα ἐκ τῆς σῆς πηγῆς, εἰς δὲ σὰς πλατείας διαπορευέσθω τὰ σὰ ὕδατα. Ἔστω σοι μόνῳ ὑπάρχοντα, καὶ μηδεὶς ἀλλότριος μετασχέτω σοι. Ἡ πηγὴ σου τοῦ ὕδατος ἔστω σοι ἰδία, καὶ συνευφραίνου μετὰ γυναικὸς τῆς ἐκ νεότητός σου. Ἐλαφος φιλίας, καὶ πῶλος σῶν χαρίτων ὁμιλεῖτω σοι ἢ δὲ ἰδία ἠγγείσθω σοι, καὶ συνέστω σοι ἐν παντὶ καιρῷ· ἐν γὰρ τῇ ταύτης φιλίᾳ συμπεριφερόμενος, πολλοστός ἔσῃ. Μὴ πολὺς ἴσθι πρὸς ἀλλοτρίαν, μηδὲ συνέχου ἀγκάλαις ταῖς μὴ ἰδίαις· ἐνώπιον γὰρ εἰσι τῶν τοῦ Θεοῦ ὀφθαλμῶν ὁδοὶ ἀνδρός, εἰς δὲ πάσας τροχιάς αὐτοῦ σκοπεύει. Παρανομίαι ἀνδρῶν ἀγρεύουσι, σειραῖς δὲ τῶν ἑαυτοῦ ἀμαρτιῶν ἕκαστος σφίγγεται. Οὗτος τελευτᾷ μετὰ ἀπαιδευτῶν, ἐκ δὲ πλήθους τῆς ἑαυτοῦ βιότητος ἐξερρίφη, καὶ ἀπώλετο δι' ἀφροσύνην. Υἱέ, ἐὰν ἐγγυήσῃ σὸν φίλον, παραδώσεις σὴν χεῖρα ἐχθρῷ· παγὶς γὰρ ἰσχυρὰ ἀνδρὶ τὰ ἴδια χεῖλη, καὶ ἀλίσκεται χεῖλεσιν ἰδίου στόματος. Ποίει υἱέ, ἃ ἐγὼ σοι ἐντέλλομαι καὶ σώζου.

READER

The reading is from the Proverbs of Solomon.

PRIEST

Wisdom. Let us be attentive.

READER

5:15-23, 6:1-3

Drink waters from your vessels and from the fountains of your spring. Do not let the waters from your fountain be spilled by you, but let your waters pass through your wide places; let them be only for you, and let no stranger partake with you; let the fountain of your water be for you alone, and rejoice together with the wife of your youth. Let your loving deer and graceful colt keep company with you, and let her alone go before you and be with you at all times; for in living with her love, you will be great. Do not be intimate with a strange woman, neither cling to the embrace of a woman not your own; for the ways of man are before the eyes of God, and He keeps close watch on all his paths. Lawless women ensnare a man, but each man is bound by the chains of his own sins. Such a man dies with the uninstructed and is cast forth from the abundance of his own substance; and he is destroyed by lack of discernment. My son, if you assume the debt of your friend, you will deliver your hand to an enemy; for a man's own lips become a strong snare to him, and he is conquered by the utterances of his own mouth. My son, do what I command you, and you will save yourself. [SAAS]

ΙΕΡΕΥΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

Κύριε ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου, εἰσάκουσόν μου, Κύριε. Κύριε, ἐκέκραξα πρὸς σέ, εἰσάκουσόν μου· πρόσχεσ τῇ φωνῇ τῆς δεήσεώς μου, ἐν τῷ κεκραγένοι με πρὸς σέ.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Θοῦ, Κύριε, φυλακὴν τῷ στόματί μου, καὶ θύραν περιοχῆς περὶ τὰ χεῖλη μου.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Μὴ ἐκκλίνῃς τὴν καρδίαν μου εἰς λόγους πονηρίας, τοῦ προφασίζεσθαι προφάσεις ἐν ἀμαρτίαις.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

ΙΕΡΕΥΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΧΟΡΟΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς θυμίαμα ἐνώπιόν σου, ἔπαρσις τῶν χειρῶν μου θυσία ἔσπερινή.

PRIEST

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice. [SAAS]

Lord, I have cried to You; hear me. Hear me, O Lord. Lord, I have cried to You; hear me. Give heed to the voice of my supplication when I cry to You. [SAAS]

CHOIR

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice.

PRIEST

Set a watch, O Lord, before my mouth, a door of enclosure about my lips. [SAAS]

CHOIR

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice.

PRIEST

Incline not my heart to evil words, to make excuses in sins. [SAAS]

CHOIR

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice.

PRIEST

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

CHOIR

Let my prayer be set forth before You as incense, the lifting up of my hands as the evening sacrifice.

ΙΕΡΕΥΣ

Κατευθυνθήτω ἡ προσευχή μου, ὡς
θυμίαμα ἐνώπιόν σου.

ΧΟΡΟΣ

Ἐπαρσις τῶν χειρῶν μου θυσία ἑσπερινή.

ΔΙΑΚΟΝΟΣ

Εἴπωμεν πάντες ἐξ ὅλης τῆς ψυχῆς καὶ
ἐξ ὅλης τῆς διανοίας ἡμῶν εἴπωμεν.

(Κύριε, ἐλέησον.)

Κύριε παντοκράτορ ὁ Θεὸς τῶν
πατέρων ἡμῶν, δεόμεθά Σου, ἐπάκουσον
καὶ ἐλέησον.

(Κύριε, ἐλέησον.)

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα
ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ
ἐλέησον.

*(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)*

Ἐτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ
ὀρθοδόξων χριστιανῶν.

*(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)*

Ἐτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ
βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

*(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)*

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε ὁ Θεὸς ἡμῶν, τὴν ἐκτενῆ ταύτην ἱκεσίαν
πρόσδεξαι παρά τῶν σῶν δούλων καὶ ἐλέησον ἡμᾶς
κατὰ τὸ πλῆθος τοῦ ἐλέους σου, καὶ τοὺς οἰκτιρομῶς
σου κατάπεμψον ἐφ' ἡμᾶς, καὶ ἐπὶ πάντα τὸν λαόν
σου, ἀπεκδεχόμενον τὸ παρά σου μέγα καὶ πλούσιον
ἔλεος.

PRIEST

Let my prayer be set forth before You as
incense.

CHOIR

The lifting up of my hands as the evening
sacrifice. [SAAS]

DEACON

Let us all say with all our soul and with
all our mind, let us all say.

(Lord, have mercy.)

Lord almighty, God of our fathers, we
pray You, hear us and have mercy.

(Lord, have mercy.)

Have mercy on us, O God, according to
Your great mercy, we pray You, hear us and
have mercy.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Let us pray for pious and Orthodox
Christians.

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

Again we pray for (episcopal rank)
(name).

*(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)*

PRIEST (in a low voice)

Lord our God, accept this fervent supplication
from Your servants, and have mercy on us in
accordance with the abundance of Your mercy, and
send down Your compassion upon us and upon all
Your people who await Your great and rich mercy.

ΙΕΡΕΥΣ

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΔΙΑΚΟΝΟΣ

Εὐξασθε οἱ Κατηχούμενοι τῷ Κυρίῳ.

(*Κύριε, ἐλέησον.*)

Οἱ πιστοί, ὑπὲρ τῶν Κατηχουμένων δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἴνα ὁ Κύριος αὐτοὺς ἐλεήσῃ.

(*Κύριε, ἐλέησον.*)

Κατηχήσῃ αὐτοὺς τὸν λόγον τῆς ἀληθείας.

(*Κύριε, ἐλέησον.*)

Ἀποκαλύψῃ αὐτοῖς τὸ Εὐαγγέλιον τῆς δικαιοσύνης.

(*Κύριε, ἐλέησον.*)

Ἐνώσῃ αὐτοὺς τῇ ἁγίᾳ αὐτοῦ Καθολικῇ καὶ Ἀποστολικῇ Ἐκκλησίᾳ.

(*Κύριε, ἐλέησον.*)

Σῶσον, ἐλέησον, ἀντιλαβοῦ, καὶ διαφύλαξον αὐτούς, ὁ Θεός, τῇ σῇ χάριτι.

(*Κύριε, ἐλέησον.*)

Οἱ Κατηχούμενοι τὰς κεφαλὰς ὑμῶν τῷ Κυρίῳ κλίνατε.

(*Σοί, Κύριε.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

ΕΥΧΗ ΤΩΝ ΚΑΤΗΧΟΥΜΕΝΩΝ

Ὁ Θεός, ὁ Θεός ἡμῶν, ὁ κτίστης καὶ δημιουργὸς τῶν ἀπάντων, ὁ πάντα θέλων σωθῆναι καὶ εἰς ἐπίγνωσιν ἀληθείας ἐλθεῖν, ἐπίβλεψον ἐπὶ τοὺς δούλους σου τοὺς Κατηχουμένους, καὶ λύτρωσαι

PRIEST

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

DEACON

Catechumens, pray to the Lord.

(*Lord, have mercy.*)

Let us, the faithful, pray for the catechumens.

(*Lord, have mercy.*)

That the Lord will have mercy on them.

(*Lord, have mercy.*)

That He will teach them the word of truth.

(*Lord, have mercy.*)

That He will reveal to them the gospel of righteousness.

(*Lord, have mercy.*)

That He will unite them to His holy, catholic, and apostolic Church.

(*Lord, have mercy.*)

Save them, have mercy on them, help them, and protect them, O God, by Your grace.

(*Lord, have mercy.*)

Catechumens, bow your heads to the Lord.

(*To You, O Lord.*)

PRIEST (*in a low voice*)

PRAYER OF THE CATECHUMENS

O God, our God, creator and maker of all, You wish all to be saved and to come to the knowledge of the truth. Look upon your servants, the catechumens, and free them from the old error and the devices of the

αὐτοὺς τῆς παλαιᾶς πλάνης καὶ τῆς μεθοδείας τοῦ ἀντικειμένου, καὶ προσκάλεσαι αὐτοὺς εἰς τὴν ζωὴν τὴν αἰώνιον. Φωτίζων αὐτῶν τὰς ψυχὰς καὶ τὰ σώματα, καὶ συγκαταριθμῶν αὐτοὺς τῇ λογικῇ σου ποιμνῇ, ἐφ' ἣν τὸ ὄνομά σου τὸ ἅγιον ἐπικέκληται.

ΙΕΡΕΥΣ

Ἴνα καὶ αὐτοὶ σὺν ἡμῖν δοξάζωσι τὸ πάντιμον καὶ μεγαλοπρεπὲς ὄνομά σου, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΔΙΑΚΟΝΟΣ

Ὅσοι Κατηχούμενοι, προέλθετε. Οἱ Κατηχούμενοι, προέλθετε. Ὅσοι Κατηχούμενοι, προέλθετε· μή τις τῶν Κατηχουμένων. Ὅσοι πιστοί, ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι. Σοφία.

(*Κύριε, ἐλέησον.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

ΕΥΧΗ Α' ΤΩΝ ΠΙΣΤΩΝ

Ὁ Θεός, ὁ μέγας καὶ αἰνετός, ὁ τῷ ζωοποιῷ τοῦ Χριστοῦ σου θανάτῳ εἰς ἀφθαρσίαν ἡμᾶς ἐκ φθορᾶς μεταστήσας, σὺ πάσας ἡμῶν τὰς αἰσθήσεις τῆς ἐμπαθοῦς νεκρώσεως ἐλευθέρωσον, ἀγαθὸν ταῦταις ἡγεμόνα τὸν ἔνδοθεν λογισμὸν ἐπιστήσας, καὶ ὀφθαλμὸς μὲν ἀπέστω παντὸς πονηροῦ βλέμματος, ἀκοὴ δὲ λόγοις ἀργοῖς ἀνεπίβατος, ἡ δὲ γλῶσσα καθαρυνέτω ῥημάτων ἀπρεπῶν. Ἄγνισον ἡμῶν τὰ χεῖλη, τὰ αἰνοῦντά σε, Κύριε, τὰς χεῖρας ἡμῶν ποιήσον, τῶν μὲν φαύλων ἀπέχεσθαι πράξεων, ἐνεργεῖν δὲ μόνα τὰ σοὶ εὐάρεστα, πάντα ἡμῶν τὰ μέλη, καὶ τὴν διάνοιαν, τῇ σῇ κατασφαλιζόμενος χάριτι.

adversary, and call them to life eternal, illumining their souls and bodies, and numbering them among Your rational flock over whom Your holy name is invoked.

PRIEST

So that with us they also may glorify Your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

DEACON

Those who are catechumens, depart, catechumens depart. All those who are catechumens, depart. Let none of the catechumens remain. Again and again, in peace, let all of us, the faithful, pray to the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and protect us, O God, by Your grace. Wisdom.

(*Lord, have mercy.*)

PRIEST (*in a low voice*)

FIRST PRAYER OF THE FAITHFUL

O God, great and praiseworthy, who through the life-giving death of Your Christ brought us from corruption to incorruption. Set free all our senses from deadly passions, setting over them as a good guide the understanding that is within us. Let our eyes abstain from evil sights; our hearing from idle talk; and our tongue cleansed from unsuitable speech. Purify our lips that sing Your praises, O Lord. Let our hands abstain from evil acts and produce only works that are pleasing to You, safeguarding by Your grace all our limbs and mind.

ΙΕΡΕΥΣ

Ὅτι πρόπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι. Σοφία.

(*Κύριε, ἐλέησον.*)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

ΕΥΧΗ Β' ΤΩΝ ΠΙΣΤΩΝ

Δέσποτα Ἄγιε, ὑπεράγαθε, δυσωποῦμέν σε, τὸν ἐν ἐλέει πλούσιον, ἴλεων γενέσθαι ἡμῖν τοῖς ἁμαρτωλοῖς, καὶ ἀξιῶς ἡμᾶς ποιῆσαι τῆς ὑποδοχῆς τοῦ μονογενοῦς σου Υἱοῦ, καὶ Θεοῦ ἡμῶν, τοῦ Βασιλέως τῆς δόξης. Ἴδου γὰρ τὸ ἄχραντον αὐτοῦ Σῶμα, καὶ τὸ ζωοποιὸν Αἷμα, κατὰ τὴν παροῦσαν ὥραν εἰσπορευόμενα, τῇ μυστικῇ ταύτῃ προτιθεσθαι μέλλει Τραπέζῃ, ὑπὸ πλήθους στρατιᾶς οὐρανοῦ ἀοράτως δορυφορούμενα, ὧν τὴν μετάληψιν ἀκατάκριτον ἡμῖν δώρησαι, ἵνα, δι' Αὐτῶν τὸ τῆς διανοίας ὄμμα καταυγαζόμενοι, υἱοὶ φωτὸς καὶ ἡμέρας γενώμεθα.

ΙΕΡΕΥΣ

Κατὰ τὴν δωρεὰν τοῦ Χριστοῦ σου, μεθ' οὗ εὐλογητὸς εἶ σὺν τῷ παναγίῳ, καὶ ἀγαθῷ, καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΧΟΡΟΣ

ΤΟ ΧΕΡΟΥΒΙΚΟΝ

Νῦν αἱ Δυνάμεις τῶν οὐρανῶν σὺν ἡμῖν ἀοράτως λατρεύουσιν. Ἴδου γὰρ εἰσπορεύεται ὁ Βασιλεὺς τῆς δόξης.

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(*Amen.*)

DEACON

Again and again, in peace, let us pray to the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and protect us, O God, by Your grace. Wisdom.

(*Lord, have mercy.*)

PRIEST (*in a low voice*)

SECOND PRAYER OF THE FAITHFUL

Holy and exceedingly good Master, we beseech You who are rich in mercy: be gracious with us sinners, and make us worthy of receiving Your only-begotten Son and our God, the King of glory. For behold, His most-pure body and life-giving blood, entering at this hour, are to be placed on this mystical Table, invisibly escorted by a multitude of unseen heavenly hosts. Grant that we may blamelessly partake of them, so that having been illumined by them, we may become children of the light and of the day.

PRIEST

Through the gift of Your Christ, with whom You are blessed, together with Your all-holy, good, and life-giving Spirit, now and forever and to the ages of ages.

(*Amen.*)

CHOIR

CHERUBIC HYMN

Now the powers of heaven are invisibly worshiping with us. For behold, the King of glory enters in. [HC]

ΙΕΡΕΥΣ (χαμηλοφώνως)

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

ΧΟΡΟΣ

Ἴδου θυσία μυστική, τετελειωμένη,
δορυφορεῖται. Πίστει καὶ πόθῳ
προσέλθωμεν, ἵνα μέτοχοι ζωῆς αἰωνίου
γενώμεθα. Ἀλληλούϊα.

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑσπερινὴν δέησιν
ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ὑπὲρ τῶν προτεθέντων καὶ
προαγιασθέντων τιμίων δώρων, τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὅπως ὁ φιλόανθρωπος Θεὸς ἡμῶν,
ὁ προσδεξάμενος αὐτὰ εἰς τὸ ἅγιον
καὶ ὑπερουράνιον καὶ νοερόν αὐτοῦ
θυσιαστήριον εἰς ὁσμὴν εὐωδίας
πνευματικῆς, ἀντικαταπέμψη ἡμῖν τὴν
θεῖαν Χάριν καὶ τὴν δωρεὰν τοῦ Ἁγίου
Πνεύματος δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ὑπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης
θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἑσπέραν πᾶσαν τελείαν, ἁγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

PRIEST (in a low voice)

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

CHOIR

Behold, a mystical and perfect sacrifice is
coming forth. Let us come forward with faith
and desire that we may become partakers of
eternal life. Alleluia. [HC]

DEACON

Let us complete our evening prayer to the
Lord.

(Lord, have mercy.)

For the precious and presanctified gifts
here presented, let us pray to the Lord.

(Lord, have mercy.)

That our God Who loves mankind, having
accepted them at His holy and celestial and
mystical altar as an offering of spiritual
fragrance, may in return send down upon
us the divine grace and the gift of the Holy
Spirit, let us pray.

(Lord, have mercy.)

For our deliverance from all affliction,
wrath, danger, and necessity, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

That the whole evening may be perfect,
holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν,
φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων
ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν
καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς
ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν
ἐν εἰρήνῃ καὶ μετάνοιᾳ ἐκτελέσαι, παρὰ τοῦ
Κυρίου αἰτησώμεθα.

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν,
ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ
καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ
βήματος τοῦ Χριστοῦ αἰτησώμεθα.

Τὴν ἐνότητα τῆς πίστεως καὶ
τὴν κοινωνίαν τοῦ Ἁγίου Πνεύματος
αἰτησάμενοι, ἑαυτοὺς καὶ ἀλλήλους καὶ
πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ
παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Ὁ τῶν ἀρρήτων καὶ ἀθεάτων Μυστηρίων
Θεός, παρ' ᾧ οἱ θησαυροὶ τῆς σοφίας καὶ τῆς
γνώσεως οἱ ἀπόκρυφοι, ὁ τὴν διακονίαν τῆς
Λειτουργίας ταύτης ἀποκαλύψας ἡμῖν καὶ θέμενος
ἡμᾶς τοὺς ἁμαρτωλοὺς διὰ τὴν πολλὴν σου
φιλανθρωπίαν, εἰς τὸ προσφέρειν σοι δῶρά τε
καὶ θυσίας ὑπὲρ τῶν ἡμετέρων ἁμαρτημάτων,
καὶ τῶν τοῦ λαοῦ ἀγνοημάτων, αὐτός, ἀόρατε
Βασιλεῦ, ὁ ποιῶν μέγала καὶ ἀνεξιχνίαστα, ἔνδοξά
τε καὶ ἐξάισια, ὧν οὐκ ἔστιν ἀριθμός, ἔπιδε ἐφ'
ἡμᾶς τοὺς ἀναξίους δούλους σου, τοὺς τῷ ἁγίῳ
σου τούτῳ θυσιαστηρίῳ, ὡς τῷ Χερουβικῷ σου
παρισταμένους θρόνῳ, ἐφ' ᾧ ὁ μονογενὴς σου Υἱὸς
καὶ Θεὸς ἡμῶν, διὰ τῶν προκειμένων φρικτῶν
ἐπαναπαύεται Μυστηρίων. Καὶ πάσης ἡμᾶς καὶ
τὸν πιστὸν σου λαὸν ἐλευθερώσας ἀκαθαρσίας,
ἀγίασον πάντων ἡμῶν τὰς ψυχὰς καὶ τὰ σώματα,
ἀγιασμῷ ἀναφαιρέτῳ, ἵνα, ἐν καθαρῷ συνειδίῳ,
ἀνεπαίσχυντῳ προσώπῳ, καὶ πεφωτισμένῃ καρδίᾳ,

For an angel of peace, a faithful guide, a
guardian of our souls and bodies, let us ask
the Lord.

For pardon and remission of our sins and
transgressions, let us ask the Lord.

For that which is good and beneficial for
our souls, and for peace for the world, let us
ask the Lord.

That we may complete the remaining time
of our life in peace and repentance, let us ask
the Lord.

And let us ask for a Christian end to our
life, peaceful, without shame and suffering,
and for a good defense before the awesome
judgment seat of Christ.

Having asked for the unity of the faith
and for the communion of the Holy Spirit, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

O God of ineffable and unseen mysteries with
whom are the hidden treasures of wisdom and
knowledge, You have revealed to us the service
of this liturgy and by Your great compassion have
ordained that we sinners should offer to You gifts
and sacrifices for our sins and for the transgressions
of the people. You, O invisible King, whose works
are great and wondrous, glorious, marvelous, and
without number, look upon us who draw near to Your
holy Altar as the throne of the Cherubim upon which
rests Your only begotten Son and our God through the
awesome mysteries offered here. And when you have
freed us and Your faithful people from all impurities,
sanctify our souls and bodies with a sanctification
not to be taken away, so that with clear conscience, a
presence without shame, and enlightened heart, we
may participate in these divine sacraments. Through
them we are given life that we may be united to Your
Christ, our true God, who said: Whoever eats my

τῶν θείων τούτων μεταλαμβάνοντες Ἁγιασμάτων, καὶ ὑπ' Αὐτῶν ζωοποιούμενοι, ἐνωθῶμεν αὐτῷ τῷ Χριστῷ σου, τῷ ἀληθινῷ Θεῷ ἡμῶν, τῷ εἰπόντι ὁ τρώγων μου τὴν Σάρκα, καὶ πίνων μου τὸ Αἷμα, ἐν ἐμοὶ μένει, καὶ γὰρ ἐν αὐτῷ, ὅπως ἐνοικοῦντος ἐν ἡμῖν καὶ ἐμπεριπατοῦντος τοῦ Λόγου σου, Κύριε, γενώμεθα ναὸς τοῦ παναγίου καὶ προσκυνητοῦ σου Πνεύματος, λελυτρωμένοι πάσης διαβολικῆς μεθοδείας, ἐν πράξει, ἢ λόγῳ, ἢ κατὰ διάνοιαν ἐνεργουμένης, καὶ τύχωμεν τῶν ἐπηγγελμένων ἡμῖν ἀγαθῶν, σὺν πᾶσι τοῖς Ἁγίοις σου, τοῖς ἀπ' Αἰῶνός σοι εὐαρεστήσασιν.

ΙΕΡΕΥΣ

Καὶ καταξίωσον ἡμᾶς, Δέσποτα, μετὰ παρρησίας, ἀκατακρίτως, τολμᾶν ἐπικαλεῖσθαι σὲ τὸν ἐπουράνιον Θεὸν Πατέρα, καὶ λέγειν·

ΛΑΟΣ

ΚΥΡΙΑΚΗ ΠΡΟΣΕΥΧΗ

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματι σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνομεν.

flesh and drinks my blood abides in me and I in him, so that with Your Word, O Lord, abiding in us and walking among us, we may become temples of Your all holy and worshipful Spirit, having been freed from every diabolical device working by deeds or words or thoughts. Thus, shall we obtain the blessing You have promised us, together with all Your saints, who from all ages have pleased You.

PRIEST

And grant us, Master, with boldness and without condemnation, to dare call You, the heavenly God, Father, and to say:

PEOPLE

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Ὁ Θεός, ὁ μόνος ἀγαθὸς καὶ εὐσπλαγχνος, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν, ἔπιδε εὐσπλάγχνω ὄμματι ἐπὶ πάντα τὸν λαόν σου, καὶ φύλαξον αὐτόν, καὶ ἀξίωσον πάντας ἡμᾶς ἀκατακρίτως μετασχεῖν τῶν ζωοποιῶν σου τούτων Μυστηρίων. Σοὶ γὰρ τὰς ἑαυτῶν ὑπεκλίναμεν κεφαλὰς, ἀπεκδεχόμενοι τὸ παρὰ σοῦ πλούσιον ἔλεος.

ΙΕΡΕΥΣ

Χάριτι καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

Πρόσχες, Κύριε Ἰησοῦ Χριστέ ὁ Θεὸς ἡμῶν, ἐξ ἁγίου κατοικητηρίου σου, καὶ ἀπὸ θρόνου δόξης τῆς Βασιλείας σου, καὶ ἐλθε εἰς τὸ ἀγιάσαι ἡμᾶς, ὁ ἄνω τῷ Πατρὶ συγκαθήμενος καὶ ὧδε ἡμῖν ἀοράτως συνών. Καὶ καταξίωσον τῇ κραταίᾳ σου χειρὶ μεταδοῦναι ἡμῖν τοῦ ἀχράντου Σώματός σου καὶ τοῦ τιμίου Αἵματος καὶ δι' ἡμῶν παντὶ τῷ λαῷ.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

ΙΕΡΕΥΣ

Τὰ προηγιασμένα Ἅγια τοῖς ἁγίοις.

ΧΟΡΟΣ

Εἷς ἅγιος, εἷς Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.

ΛΑΟΣ

ΕΥΧΑΙΡΙΣΤΟ ΤΗΣ ΘΕΙΑΣ ΚΟΙΝΩΝΙΑΣ

Πιστεύω, Κύριε, καὶ ὁμολογῶ, ὅτι σὺ εἶ ἀληθῶς ὁ Χριστός, ὁ Υἱὸς τοῦ Θεοῦ τοῦ ζῶντος, ὁ ἐλθὼν εἰς τὸν κόσμον ἁμαρτωλοὺς σῶσαι, ὧν πρῶτός εἰμι

(To You, O Lord.)

PRIEST (in a low voice)

O God, who only are good and compassionate, who dwell on high and who look upon the lowly, look with a compassionate eye upon all Your people, and watch over them. Make us all worthy to partake of these Your life giving mysteries without blame, for it is before You that we have bowed our heads in the hope of your abundant mercy.

PRIEST

Through the grace, compassion, and love for mankind of Your only begotten Son, with whom You are blessed, together with Your all-holy, good, and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

PRIEST (in a low voice)

Hearken, O Lord Jesus Christ our God, from Your holy dwelling place and from the throne of glory of Your Kingdom, and come to sanctify us, You Who are enthroned with the Father on high and are present among us invisibly here. And with Your mighty hand, grant Communion of Your most pure Body and precious Blood to us, and through us to all the people.

DEACON

Let us be attentive.

PRIEST

The holy presanctified gifts for the holy people of God.

CHOIR

One is Holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen. [GOA]

PEOPLE

Prayers of Holy Communion

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that

ἐγώ. Ἐπι πιστεύω, ὅτι τοῦτο αὐτό ἐστὶ τὸ ἄχραντον Σῶμά σου καὶ τοῦτο αὐτό ἐστὶ τὸ τίμιον Αἷμά σου. Δέομαι οὖν σου· ἐλέησόν με καὶ συγχώρησόν μοι τὰ παραπτώματά μου, τὰ ἐκούσια καὶ τὰ ἀκούσια, τὰ ἐν λόγῳ, τὰ ἐν ἔργῳ, τὰ ἐν γνώσει καὶ ἀγνοίᾳ· καὶ ἀξιώσόν με ἀκατακρίτως μετασχεῖν τῶν ἀχράντων σου μυστηρίων, εἰς ἄφεσιν ἁμαρτιῶν καὶ εἰς ζωὴν αἰώνιον. Ἀμήν.

Ἐν ταῖς λαμπρότησι τῶν Ἁγίων σου, πῶς εἰσελεύσομαι ὁ ἀνάξιος; ἔὰν γὰρ τολμήσω συνεισελθεῖν εἰς τὸν νυμφῶνα, ὁ χιτῶν μὲ ἐλέγχει, ὅτι οὐκ ἔστι τοῦ γάμου, καὶ δέσμιος ἐκβαλοῦμαι ὑπὸ τῶν Ἀγγέλων. Καθάρισον, Κύριε, τὸν ῥύπον τῆς ψυχῆς μου, καὶ σῶσόν με ὡς φιλόνητος.

Δέσποτα φιλόνητε, Κύριε Ἰησοῦ Χριστέ, ὁ Θεός μου, μὴ εἰς κριμὰ μοι γένοιτο τὰ ἅγια ταῦτα, διὰ τὸ ἀνάξιον εἶναί με, ἀλλ' εἰς κάθαρσιν καὶ ἁγιασμόν ψυχῆς τε καὶ σώματος, καὶ εἰς ἀρραβῶνα τῆς μελλούσης ζωῆς καὶ βασιλείας. Ἐμοὶ δὲ τὸ προσκολλᾶσθαι τῷ Θεῷ ἀγαθόν ἐστὶ, τίθεσθαι ἐν τῷ Κυρίῳ τὴν ἐλπίδα τῆς σωτηρίας μου.

Τοῦ Δείπνου σου τοῦ μυστικοῦ, σήμερον Υἱὲ Θεοῦ, κοινωνόν με παράλαβε· οὐ μὴ γὰρ τοῖς ἐχθροῖς σου τὸ Μυστήριον εἶπω, οὐ φίλημά σοι δώσω, καθάπερ ὁ Ἰούδας, ἀλλ' ὡς ὁ Ἀηστής ὁμολογῶ σοι. Μνήσθητί μου Κύριε, [ὅταν ἔλθῃς] ἐν τῇ Βασιλείᾳ σου.

this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

ΧΟΡΟΣ

Κοινωνικόν.

Γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ
Κύριος. Ἀλληλουΐα.

ΔΙΑΚΟΝΟΣ

Μετὰ φόβου Θεοῦ, πίστεως καὶ ἀγάπης
προσέλθετε.

Μεταλαμβάνει ὁ δοῦλος τοῦ Θεοῦ
(Ὄνομα) Σῶμα καὶ Αἷμα Χριστοῦ, εἰς
ἄφεσιν ἁμαρτιῶν καὶ ζωὴν αἰώνιον. Ἀμήν.

ΧΟΡΟΣ

Ὑμνοι καθὼς μεταλαμβάνει ὁ λαός.

ΙΕΡΕΥΣ

Σῶσον, ὁ Θεός, τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου.

ΧΟΡΟΣ

**ἀντὶ τοῦ "Εἶδομεν τὸ φῶς"
Ἦχος πλ. δ'.**

Εὐλογῆσω τὸν Κύριον ἐν παντὶ καιρῷ
διὰ παντὸς ἢ αἴνεσις αὐτοῦ ἐν τῷ στόματί
μου. Ἄρτον οὐράνιον, καὶ ποτήριον ζωῆς
γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ Κύριος.
Ἀλληλουΐα, Ἀλληλουΐα, Ἀλληλουΐα.

ΔΙΑΚΟΝΟΣ (χαμηλοφώνως)

Ὑψωσον, Δέσποτα.

ΙΕΡΕΥΣ (χαμηλοφώνως)

Ὑψώθητι ἐπὶ τοὺς οὐρανοὺς ὁ Θεὸς καὶ ἐπὶ
πᾶσαν τὴν γῆν ἢ δόξα σου.

Εὐλογητὸς ὁ Θεὸς ἡμῶν.

ΙΕΡΕΥΣ

Πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΔΙΑΚΟΝΟΣ

Ὁρθοί, μεταλαβόντες τῶν θείων, ἀγίων,
ἀχράντων, ἀθανάτων, ἐπουρανίων καὶ

CHOIR

Communion Hymn.

Taste and see that the Lord is good.
Alleluia. [SAAS]

DEACON

With the fear of God, faith, and love,
draw near.

The servant of God (Name) partakes
of the Body and Blood of Christ for the
remission of sins and life eternal.

CHOIR

Hymns During Holy Communion

PRIEST

Save, O God, Your people, and bless Your
inheritance.

CHOIR

**After Communion
Mode pl. 4.**

I will bless the Lord at all times; His
praise shall continually be in my mouth. Taste
the Bread of heaven and the Cup of Life, and
see that the Lord is good. Alleluia, Alleluia,
Alleluia. [HC]

DEACON (in a low voice)

Exalt, Master.

PRIEST (in a low voice)

Be exalted, O God, above the heavens, and let
Your glory be over all the earth.

Blessed is our God.

PRIEST

Always, now and forever and to the ages
of ages.

(Amen.)

DEACON

Arise! Having partaken of the divine,
holy, pure, immortal, heavenly, life-creating,

ζωοποιῶν, φρικτῶν τοῦ Χριστοῦ μυστηρίων,
ἀξίως εὐχαριστήσωμεν τῷ Κυρίῳ.

(Δόξα σοι, Κύριε, δόξα σοι.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τὴν ἐσπέραν πᾶσαν, τελείαν, ἀγίαν,
εἰρηνικὴν καὶ ἀναμάρτητον αἰτησάμενοι,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν, Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (χαμηλοφώνως)

ΕΥΧΗ ΜΕΤΑ ΤΗΝ ΘΕΙΑΝ ΜΕΤΑΛΗΨΙΝ

Εὐχαριστοῦμέν σοι τῷ Σωτῆρι τῶν ὅλων Θεῷ
ἐπὶ πᾶσιν οἷς παρέσχου ἡμῖν ἀγαθοῖς, καὶ ἐπὶ
τῇ μεταλήψει τοῦ ἁγίου Σώματος καὶ Αἵματος
τοῦ Χριστοῦ σου. Καὶ δεόμεθά σου, Δέσποτα
Φιλάνθρωπε, φύλαξον ἡμᾶς ὑπὸ τὴν σκέπην τῶν
πτερυγῶν σου, καὶ δὸς ἡμῖν μέχρι τῆς ἐσχάτης ἡμῶν
ἀναπνοῆς, ἐπαξίως μετέχειν τῶν ἁγιασμάτων σου,
εἰς φωτισμὸν ψυχῆς καὶ σώματος, εἰς βασιλείας
οὐρανῶν κληρονομίαν.

ΙΕΡΕΥΣ

Ὅτι σὺ εἶ ὁ ἁγιασμὸς ἡμῶν, καὶ σοὶ τὴν
δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ
καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς
τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Ἐν εἰρήνῃ προέλθωμεν.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Δέσποτα Παντοκράτορ, ὁ πᾶσαν
τὴν κτίσιν ἐν σοφίᾳ δημιουργήσας,
ὁ διὰ τὴν ἄφατόν σου πρόνοιαν καὶ
πολλὴν ἀγαθότητα, ἀγαγὼν ἡμᾶς εἰς

and awesome Mysteries of Christ, let us
worthily give thanks to the Lord.

(Glory to You, O Lord, glory to You.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Having prayed for a perfect, holy,
peaceful, and sinless evening, let us commit
ourselves, and one another, and our whole life
to Christ our God.

(To You, O Lord.)

PRIEST (in a low voice)

We thank You, O God, Savior of us all, for all the
good things you have given us, and for the communion
of Your holy Body and Blood of Your Christ. And
we pray to You, loving Master: Protect us under
the covering of Your wings and grant that we may
worthily partake of your blessings to the end of our
days, for the illumination of our soul and body to
inherit the kingdom of heaven.

PRIEST

For You are our sanctification and to You
we give glory, to the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

PRIEST

Let us go forth in peace.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

Almighty Master, You created the
universe in wisdom. By Your ineffable
forethought and great goodness, You led us
to these sacred days for cleansing of souls and

τὰς πανσέπτους ἡμέρας ταύτας, πρὸς καθαρισμὸν ψυχῶν καὶ σωμάτων, πρὸς ἐγκράτειαν παθῶν, πρὸς ἐλπίδα ἀναστάσεως, ὃ διὰ τεσσαράκοντα ἡμερῶν πλάκας χειρίσας τὰ θεοχάρακτα γράμματα τῷ θεράποντί σου Μωσεῖ, παράσχου καὶ ἡμῖν, Ἀγαθέ, τὸν ἀγῶνα τὸν καλὸν ἀγωνίσασθαι, τὸν δρόμον τῆς νηστείας ἐκτελέσαι, τὴν πίστιν ἀδιαίρετον τηρῆσαι, τὰς κεφαλὰς τῶν ἀοράτων δρακόντων συνθλάσαι, νικητὰς τε τῆς ἁμαρτίας ἀναφανῆναι, καὶ ἀκατακρίτως φθάσαι προσκυνῆσαι καὶ τὴν ἀγίαν Ἀνάστασιν. Ὅτι ηὐλόγηται καὶ δεδόξασται τὸ πάντιμον καὶ μεγαλοπρεπὲς ὄνομά σου, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Εἴη τὸ ὄνομα Κυρίου εὐλογημένον ἀπὸ τοῦ νῦν καὶ ἕως τοῦ αἰῶνος. (ἐκ γ')

ΙΕΡΕΥΣ (χαμηλοφώνως)

Κύριε, ὁ Θεὸς ἡμῶν, ὁ ἀγαγὼν ἡμᾶς εἰς τὰς πανσέπτους ἡμέρας ταύτας, καὶ κοινωνοὺς ἡμᾶς ποιήσας τῶν φρικτῶν σου Μυστηρίων, σύναψον τῇ λογικῇ σου ποιμνῇ, καὶ κληρονόμους ἀνάδειξον τῆς Βασιλείας σου, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Εὐλογία Κυρίου καὶ ἔλεος αὐτοῦ ἔλθοι ἐφ' ὑμᾶς, τῇ αὐτοῦ θεία χάριτι καὶ φιλανθρωπία πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Δόξα σοι, Χριστέ ὁ Θεός, ἡ ἐλπίς ἡμῶν, δόξα σοι.

bodies, for subduing passions, and for hope of resurrection. For forty days, You shaped the tablets written with godlike characters for Your servant Moses. Grant also to us, good lord, to fight the good fight, to finish the course of the fast, to keep the faith whole, to shatter the heads of unseen dragons, and to show ourselves victorious over sin, and to arrive blamelessly, without condemnation, to worship also Your holy resurrection. For blessed and glorified is Your honored and magnificent name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Blessed be the name of the Lord from this present time and unto the ages. (3)

PRIEST (in a low voice)

O Lord our God, You have led us to these sacred days and made us partakers of Your awesome mysteries. Unite us with Your reasonable flock, and make us inheritors of Your kingdom, now and forever and to the ages of ages. Amen.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

May the blessing and the mercy of the Lord come upon you by His divine grace and love for mankind, always, now and forever and to the ages of ages.

(Amen.)

Glory to You, O Christ God, our hope. Glory to You.

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν,
ταῖς πρεσβείαις τῆς παναχράντου
καὶ παναμώμου ἀγίας αὐτοῦ Μητρός,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων
Δυνάμεων Ἀσωμάτων, ἰκεσίαις τοῦ τιμίου,
ἐνδόξου, προφήτου, Προδρομοῦ καὶ
βαπτιστοῦ Ἰωάννου, τῶν ἀγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἀγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
ὀσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἀγίων καὶ δικαίων
Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἁγίων, ἐλεῆσαι καὶ σῶσαι
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς ΛΓ' (33).

Εὐλογήσω τὸν Κύριον ἐν παντὶ καιρῷ,
διὰ παντὸς ἡ αἴνεσις αὐτοῦ ἐν τῷ στόματί
μου.

Ἐν τῷ Κυρίῳ ἐπαινεθήσεται ἡ ψυχὴ μου·
ἀκουσάτωσαν πραεῖς, καὶ εὐφρανθήτωσαν.

Μεγαλύνετε τὸν Κύριον σὺν ἐμοί, καὶ
ὑψώσωμεν τὸ ὄνομα αὐτοῦ ἐπὶ τὸ αὐτό.

Ἐξεζήτησα τὸν Κύριον, καὶ ἐπήκουσέ
μου, καὶ ἐκ πασῶν τῶν θλίψεων μου
ἐρρύσατό με.

Προσέλθετε πρὸς αὐτὸν καὶ φωτίσθητε,
καὶ τὰ πρόσωπα ὑμῶν οὐ μὴ καταισχυνηθῇ.

Οὗτος ὁ πτωχὸς ἐκέκραξε καὶ ὁ Κύριος
εἰσήκουσεν αὐτοῦ, καὶ ἐκ πασῶν τῶν
θλίψεων αὐτοῦ ἔσωσεν αὐτόν.

Παρεμβαλεῖ ἄγγελος Κυρίου κύκλω τῶν
φοβουμένων αὐτὸν καὶ ῥύσεται αὐτούς.

May Christ our true God, through
the intercessions of His all-pure and all-
immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all
the saints, have mercy on us and save us, for
He is good and loves mankind.

READER

Psalm 33 (34).

I will bless the Lord at all times; His
praise shall continually be in my mouth.

My soul shall be praised in the Lord; let
the gentle hear, and be glad.

Oh, magnify the Lord with me, and let us
exalt His name together.

I sought the Lord, and He heard me; and
He delivered me from all my sojourning.

Come to Him, and be enlightened, and
your face shall never be ashamed.

This poor man cried, and the Lord heard
him, and saved him from all his afflictions.

The Angel of the Lord shall encamp
around those who fear Him, and He will
deliver them.

Γεύσασθε καὶ ἴδετε ὅτι χρηστὸς ὁ
Κύριος· μακάριος ἀνὴρ, ὃς ἐλπίζει ἐπ'
αὐτόν.

Φοβήθητε τὸν Κύριον πάντες οἱ
ἅγιοι αὐτοῦ, ὅτι οὐκ ἔστιν ὑστέρημα τοῖς
φοβουμένοις αὐτόν.

Πλούσιοι ἐπτώχευσαν καὶ ἐπείνασαν,
οἱ δὲ ἐκζητοῦντες τὸν Κύριον οὐκ
ἐλαττωθήσονται παντὸς ἀγαθοῦ.

Δεῦτε, τέκνα, ἀκούσατέ μου· φόβον
Κυρίου διδάξω ὑμᾶς.

Τίς ἐστὶν ἄνθρωπος ὁ θέλων ζωὴν,
ἀγαπῶν ἡμέρας ἰδεῖν ἀγαθάς;

Παῦσον τὴν γλῶσσάν σου ἀπὸ κακοῦ
καὶ χεῖλη σου τοῦ μὴ λαλῆσαι δόλον.

Ἐκκλινον ἀπὸ κακοῦ καὶ ποιήσον
ἀγαθόν, ζήτησον εἰρήνην καὶ δίωξον αὐτήν.

Ὁφθαλμοὶ Κυρίου ἐπὶ δικαίους, καὶ ὧτα
αὐτοῦ εἰς δέησιν αὐτῶν.

Πρόσωπον δὲ Κυρίου ἐπὶ ποιῶντας
κακὰ τοῦ ἐξολοθρεῦσαι ἐκ γῆς τὸ
μνημόσυνον αὐτῶν.

Ἐκέκραξαν οἱ δίκαιοι, καὶ ὁ Κύριος
εἰσήκουσεν αὐτῶν, καὶ ἐκ πασῶν τῶν
θλίψεων αὐτῶν ἐρῴυσατο αὐτούς.

Ἐγγὺς Κύριος τοῖς συντετριμμένοις τὴν
καρδίαν, καὶ τοὺς ταπεινοὺς τῷ πνεύματι
σώσει.

Πολλὰ αἱ θλίψεις τῶν δικαίων, καὶ ἐκ
πασῶν αὐτῶν ῥύσεται αὐτοὺς ὁ Κύριος.

Φυλάσσει Κύριος πάντα τὰ ὀστᾶ αὐτῶν,
ἐν ἑξ αὐτῶν οὐ συντριβήσεται.

Oh, taste and see that the Lord is good;
blessed is the man who hopes in Him.

Fear the Lord, you His saints, for there is
no want for those who fear Him.

The wealthy have become poor and gone
hungry, but those who seek the Lord shall not
lack any good thing.

Come, you children, listen to me; I will
teach you the fear of the Lord.

Who is the man who desires life, who
loves to see good days?

Keep your tongue from evil, and your lips
from speaking deceit.

Shun evil and do good; seek peace and
pursue it.

The eyes of the Lord are upon the
righteous, and His ears are open to their
supplications.

The Lord's face is against those who do
evil, so as to destroy their remembrance from
the earth.

The righteous cried, and the Lord heard
them; and He delivered them from all their
afflictions.

The Lord is near those who are
brokenhearted, and He will save the humble
in spirit.

Many are the afflictions of the righteous,
but He will deliver them from them all.

The Lord shall guard all their bones; not
one of them shall be broken.

Θάνατος ἀμαρτωλῶν πονηρός, καὶ οἱ μισοῦντες τὸν δίκαιον πλημμελήσουσι.

Λυτρώσεται Κύριος ψυχὰς δούλων αὐτοῦ, καὶ οὐ μὴ πλημμελήσουσι πάντες οἱ ἐλπίζοντες ἐπ' αὐτόν.

Ψαλμὸς ΡΜΔ' (144).

Ἵψώσω σε, ὁ Θεός μου ὁ βασιλεύς μου, καὶ εὐλογήσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Μέγας Κύριος καὶ αἰνετὸς σφόδρα, καὶ τῆς μεγαλωσύνης αὐτοῦ οὐκ ἔστι πέρας.

Γενεὰ καὶ γενεὰ ἐπαινέσει τὰ ἔργα σου καὶ τὴν δύναμίν σου ἀπαγγελοῦσι.

Τὴν μεγαλοπρέπειαν τῆς δόξης τῆς ἁγιωσύνης σου λαλήσουσι καὶ τὰ θαυμάσιά σου διηγῆσονται.

Καὶ τὴν δύναμιν τῶν φοβερῶν σου ἔρουσι καὶ τὴν μεγαλωσύνην σου διηγῆσονται.

Μνήμην τοῦ πλήθους τῆς χρηστότητός σου ἐξερεύξονται καὶ τῇ δικαιοσύνῃ σου ἀγαλλιάσονται.

Οἰκτίρων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος.

Χρηστὸς Κύριος τοῖς σύμπασι, καὶ οἱ οἰκτιροὶ αὐτοῦ ἐπὶ πάντα τὰ ἔργα αὐτοῦ.

Ἐξομολογησάσθωσάν σοι, Κύριε, πάντα τὰ ἔργα σου, καὶ οἱ ὄσιοί σου εὐλογησάτωσάν σε.

The death of sinners is evil, and those who hate the righteous shall go wrong.

The Lord will redeem the souls of His servants, and all who hope in Him shall not go wrong. [GOA, SAAS]

Psalm 144 (145)

I shall exalt You, my God and my King, and I shall bless Your name forever and unto ages of ages.

Every day I shall bless you and praise Your name forever and unto ages of ages.

Great is the Lord and exceedingly praiseworthy, and His greatness has no limit.

Generation and generation shall praise Your works, and they shall declare Your power.

They shall speak of the magnificence of the glory of Your holiness, and they shall describe Your wonders.

They shall also speak of the power of Your awesome deeds and describe Your great majesty.

They shall overflow with the memory of Your rich goodness, and shall greatly rejoice in Your righteousness.

The Lord is gracious and merciful, longsuffering and abundant in mercy.

The Lord is good to all, and His mercies are upon all His works.

O Lord, let all Your works praise You and Your holy ones bless You.

Δόξαν τῆς βασιλείας σου ἐροῦσι καὶ τὴν
δυναστείαν σου λαλήσουσι,

Τοῦ γνωρίσαι τοῖς υἱοῖς τῶν ἀνθρώπων
τὴν δυναστείαν σου καὶ τὴν δόξαν τῆς
μεγαλοπρεπείας τῆς βασιλείας σου.

Ἡ βασιλεία σου βασιλεία πάντων τῶν
αἰώνων, καὶ ἡ δεσποτεία σου ἐν πάσῃ γενεᾷ
καὶ γενεᾷ.

Πιστὸς Κύριος ἐν πᾶσι τοῖς λόγοις
αὐτοῦ καὶ ὁσὶος ἐν πᾶσι τοῖς ἔργοις αὐτοῦ.

Ὑποστηρίζει Κύριος πάντας τοὺς
καταπίπτοντας καὶ ἀνορθοῖ πάντας τοὺς
κατερραγμένους.

Οἱ ὀφθαλμοὶ πάντων εἰς σὲ ἐλπίζουν,
καὶ σὺ δίδως τὴν τροφήν αὐτῶν ἐν εὐκαιρίᾳ.

Ἀνοίγεις σὺ τὰς χεῖράς σου καὶ
ἐμπιπλᾷς πᾶν ζῶον εὐδοκίας.

Δίκαιος Κύριος ἐν πάσαις ταῖς ὁδοῖς
αὐτοῦ καὶ ὁσὶος ἐν πᾶσι τοῖς ἔργοις αὐτοῦ.

Ἐγγὺς Κύριος πᾶσι τοῖς ἐπικαλουμένοις
αὐτόν, πᾶσι τοῖς ἐπικαλουμένοις αὐτόν ἐν
ἀληθείᾳ.

Θέλημα τῶν φοβουμένων αὐτόν
ποιήσει καὶ τῆς δεήσεως αὐτῶν
εἰσακούσεται καὶ σώσει αὐτούς.

Φυλάσσει Κύριος πάντας τοὺς
ἀγαπῶντας αὐτόν καὶ πάντας τοὺς
ἀμαρτωλοὺς ἐξολοθρεύσει.

Αἶνεσιν Κυρίου λαλήσει τὸ στόμα μου·
καὶ εὐλογεῖτω πᾶσα σὰρξ τὸ ὄνομα τὸ
ἅγιον αὐτοῦ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα
τοῦ αἰῶνος.

They shall tell of Your kingdom's glory,
and they shall speak of Your power.

That all the sons of men may know Your
power and the glory of Your kingdom's
magnificence.

Your kingdom is a kingdom of all the
ages, and Your dominion is from generation
to generation.

The Lord is faithful in His words and holy
in all His works.

The Lord supports all who stumble and
restores all who are broken down.

All eyes hope in You, and You give them
their food in due season.

You open Your hand and fill every living
thing with Your pleasure.

The Lord is righteous in all His ways and
holy in all His works.

The Lord is near to all who call on Him, to
all who call upon Him in truth.

He shall do the will of those who fear
Him, and He shall hear their supplications
and save them.

The Lord keeps all who love Him, but all
the sinners He shall utterly destroy.

My mouth shall speak the Lord's praise,
and let all flesh bless His holy name forever
and unto ages of ages. [SAAS]

ΙΕΡΕΥΣ

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(*Ἀμήν.*)

PRIEST

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(*Amen.*)